

Sunday, January 22, 2017



“Jesus wasasleep on the cushion:...” Mark 4:38

VOL. 30 NO. 4

WATERLOO-KITCHENER UNITED MENNONITE CHURCH

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Welcome to our worship service. May you be blessed as you meet God and be empowered for the week ahead.

Sunday, January 22, 2017 9:30 a.m.

Worship Leader: Jeff Staller

Speaker: Amanda Zehr

Congregational Prayer: Pastor Ben Cassels

Organ: Karen Enns

Scripture Reader: Jeff Staller

Children's Story: Whitley Enns

Children are welcome in the worship service or parents may supervise young children in the Nursery along the Administration Hallway.

Worship Focus: *The disciples didn't trust in God.
What does it look like when we do?*

Prelude

Gathering

Words of Welcome

Work and Care of the Church

Call to Worship

Leader: We know in our hearts that you are with us.

People: But we live by our senses and sometimes doubt what we cannot see directly.

Leader: We know in our hearts that you love us and that you manifest compassion.

People: Be we do not act with compassion enough and strive to fill our own desires.

Leader: We know you assumed human form to show us how to live.

People: But even when we saw you right in front of our eyes, we still had a hard time believing.

Leader: We have come to understand in our own reality that complex arrangement requires superior intelligence.

People: Proof of your existence is continuously right in front of our eyes...we see flowers bloom, trees grow and the perfection in the cycle of life...yet at times we still doubt your existence.



Leader: So if we did fully trust in You, Lord God...how would that manifest itself here on earth?

All: ***We pause to consider what unconditional belief and trust in God would indeed truly look like here on earth.***

Prayer of Invocation

Hymn of Praise: *"I sing the mighty power of God"*

HWB # 46

Confessing

Scripture I: Psalm 33 (Old Testament) page 394

Confession of Sin

Assurance of forgiveness

Hymn: *"This is my Father's world"*
(Children come forward on the last verse)

HWB # 154

Hearing God's Word

Children's Story

Song of Blessing: *"Jesus loves me"*

HWB # 341

Congregational Prayer/Lord's Prayer

Offering/Offering Prayer

Choir Anthem: *Be Still and Know* arr. F. Bock

Scripture II: Mark 4: 35-41 (New Testament) page 30

Sermon: **"When Jesus is sleeping"**

Responding and Sending

Hymn of Response: *"Be still, my soul"* See page 10 of bulletin

Benediction

Postlude

Welcome to our visitors! We hope our time of worship has been an encouragement to you. Please sign our guest book in the front foyer. God bless you and we hope to see you again!



A special welcome to Amanda Zehr, our guest speaker for today. Amanda was with us in December for one of our Advent services and we welcome her return and look forward to her message today.

TODAY AT W-K

- 9:30 a.m. Worship in the Sanctuary
10:00 a.m. Sunday School for Children and Youth
10:30 a.m. Coffee Break
10:45 a.m. Adult Sunday School: *Today we begin a winter series where we recognize that 500 years ago the Christian church was forever changed with the advent of the Reformation. What do the different Protestant denominations have in common?*

Next Sunday – January 29, 2017

We Nurture Each Other

- 9:30 a.m. *Worship Service* *Pastor Ben Cassels*
Lectionary *1 John 3: 14-23* *John 13: 34-35*
Readings:
10:00 a.m. *Sunday School for Children and Youth*
10:30 a.m. *Coffee Break*
10:45 a.m. *Adult Sunday School – What reforms, within and outside of the Catholic Church, came prior to the Reformation?*
Noon – *Youth in the gym*
2:00 pm.
2:30 p.m. *Jubilation Chorus Rehearsal in the Sanctuary*

CHURCH NOTES

CONGREGATIONAL NOTES



Church Office Hours

- Tuesday 9:00 a.m. to 1:00 p.m.
Wednesday to Friday 9:00 a.m. to 3:00 p.m.

Parish Nurse Clinic Hours

Waterloo Mennonite Homes – Tuesday 9:30 – 10:30 a.m.

Waterloo-Kitchener United Mennonite Church – Thursday 11:00 a.m. - Noon

Financial Report: Thank you for offering January 15th

This Week at W-K

Tuesday, January 24	Noon	Silver Spoons
	1:00 p.m.	Knotty Knotters - Basement
	6:00 p.m.	IMCC Rehearsal
	7:00 p.m.	Women's Bible Study – Rm 7
Wednesday, January 25	9:00 a.m. – Noon	Mission Circle
	10:00 a.m. – Noon	The Belonging Place
	12:30 p.m.	Nordic Pole Walking
	2:45 – 5:00 p.m.	Deacons - Lounge
	7:30 p.m.	Jubilation Chorus Rehearsal
Thursday, January 26	10:00 a.m.	WALC - gym
Friday, January 27	1:00 p.m.	House of Friendship

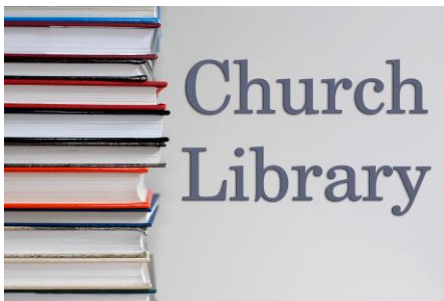
The Knotty Knotters will meet this Tuesday, January 24 beginning at 1:00 p.m. Please come and join us.

Church Supper - Sign up on the lobby window for our next supper to be held on Thursday, February 2nd. After a hearty meal of soups and breads the guest speaker will be Alfred Rempel, sharing what he has recently learned about the health benefits of a plant-based diet. We hope a few folks will add their knowledge to this discussion with time planned for questions and comments.



Updating the library in the lounge - there is a new shelf!

Recommendations would be welcome - just a sentence or two for a book that you enjoyed. To make room for this we are giving away the books you will find on the tables in the hall by the gym. Some of these older books might be really good books and we'll be happy to put them back on a shelf if you add them to the box labeled for this. After two weeks the rest will be donated to thrift stores.



Phone Directory Updates: The W-KUM Phone Directory is being updated. A copy of the directory is on the table in the Lounge. Please take a moment to check your name, address and phone number to make sure it is correct.



Any changes can be noted on the pages sitting beside the directory. We hope to have the updated version available by the end of January.



A friendly reminder: If you happen to come into the church and are the only one in the building, please turn out the lights, set the alarm, and lock the door when you leave – even if you think staff will be arriving soon. It is disconcerting and unsettling for staff to arrive and find the lights on and nobody home. (This has happened a few times over the past few months.) This will also help maintain our security. Thanks for your co-operation.

CHILDREN, YOUTH AND YOUNG AT HEART



W-K will be hosting the youth groups from Waterloo North and Erb Street Churches for an open gym event on Sunday, January 29th from 12:00 Noon to 2:00 p.m. We are going to play a variety of games in the gym and have a pizza lunch as well. If you have any questions please contact

david.a.harder@gmail.com

HEALTH AND WELLNESS

Health and Wellness Programs:

Opportunities for increasing your physical activity in 2017 – make good on your New Year's resolution to be more active!

Remember that regular physical activity improves strength & balance, and decreases the risk for falls & dementia.

- **WALC fitness class** – each Thursday in the church gym 10-11 AM
- **Starting Wednesday, January 18th 12:30-2 PM, Pole Walking or regular walking in the gym** – each Wednesday during the winter months. A fun way to keep up your walking during the winter and to support others in doing so as well. Walking can be quietly meditative, or it can be a time to chat and catch up with a dear friend. You may join this walk with or without poles – just come out and enjoy. All are welcome.

Men Can Cook – it's not too late to register! Back again this year for 3 Fridays in February – the 10th, 17th and 24th beginning at 10:00 a.m. in the gym. Be sure to sign up on the sheets near the courtyard entrance **before January 31st**. Each week you will prepare two dishes: one sweet, one



savoury. We will share a dish for lunch and there will be one for you to take home. A few of the highlights are sausage rolls, fruit cobbler, bacon, egg and cheese puffs, baklava and phyllo pizza.

Men, you do not want to miss out on the fun – cost is \$30 which is topped up by Health & Wellness Ministry.

WIDER CHURCH AND COMMUNITY



Women's Fellowship

WMCEC KW Cluster Breakfast - Christina Edmison will be presenting "Unblocking the River of Love" at the annual breakfast held here at W-KUM Church on Saturday, February 4th beginning at 9:00 a.m. – hosted by Rockway Mennonite Church. Tickets are \$10.00 and are available from Gloria Dirks. See the poster on Bulletin Board # 4 for more information.

St. Jerome's University invites you to join them as they welcome two volumes of the Heritage Edition of the *Saint John's Bible*. This illuminated Bible has been created by Donald Jackson, official calligrapher to the Queen, along with an international team of calligraphers and artists. The work reflects themes of hospitality, life and justice for God's people. The event will take place on Tuesday, January 24th at 4:30 p.m. in the Vanstone Lecture Theatre, Academic Centre (SJ2 1004) at St. Jerome's University, 290 Westmount Road North, Waterloo. See the poster on Bulletin Board # 4.



Conrad Grebel
University College

Kenneth Nafziger, music professor at Eastern Mennonite University and music editor of Hymnal: A Worship Book, will visit Conrad Grebel University

College as the 2016-17 Bechtel Lecturer in Anabaptist-Mennonite Studies. Join us at several events to explore music and hymnody:

Friday, February 3, 7:00pm, Grebel Great Hall - Public Lecture: "Melting the Boundaries of Our Being: Explorations in Singing Together"

Saturday, February 4, 1:30pm, Grebel Chapel - Song Leaders' Workshop, part of the Anabaptist Learning Workshop series Sunday, February 5, 2:00pm, Grebel Chapel - Hymn Sing Complete details are available at

www.grebel.ca/bechtel

Conrad Grebel University College offers a **master's level program** in Theological Studies (MTS) open to students from a range of academic backgrounds. Students enrol in this program: to prepare for a variety of careers including social services, chaplaincy, or pastoral ministry, to prepare

for further graduate studies, or for personal enrichment. A key feature: all full-time Canadian students receive full tuition scholarships for the entire program. Application deadline is February 1, but applications may be considered after this date. More information please visit www.grebel.ca/ts



SCREENAGERS Documentary and Discussion

Parents: Do you struggle with how much access to technology to provide your children? Come and watch this ground-breaking film and join the discussion! Thursday, February 9th beginning at 7:00 p.m. at Rockway Mennonite Collegiate. RSVP at www.rockway.ca.

There are several **employment opportunities** posted on Bulletin Board # 5.

Loved by God and empowered by the Holy Spirit, we follow Jesus Christ.
As a welcoming Mennonite community,
we worship God, nurture each other
and extend God's love and peace to all.

The LORD'S Prayer

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power, and the glory are yours
now and forever. **Amen.**

73 BE STILL, MY SOUL

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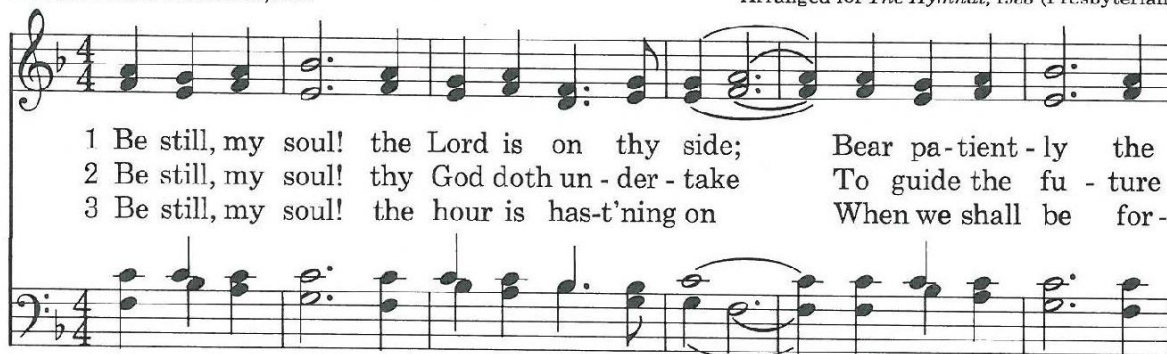
Catharina A. D. von Schlegel, 1752

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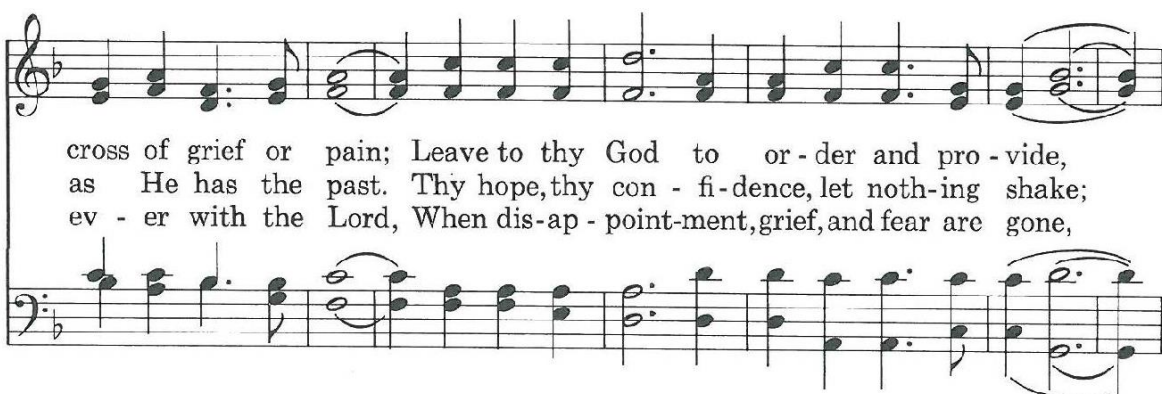
Tr. Jane Laurie Borthwick, 1855

From Jean Sibelius, 1899

Arranged for *The Hymnal*, 1933 (Presbyterian)



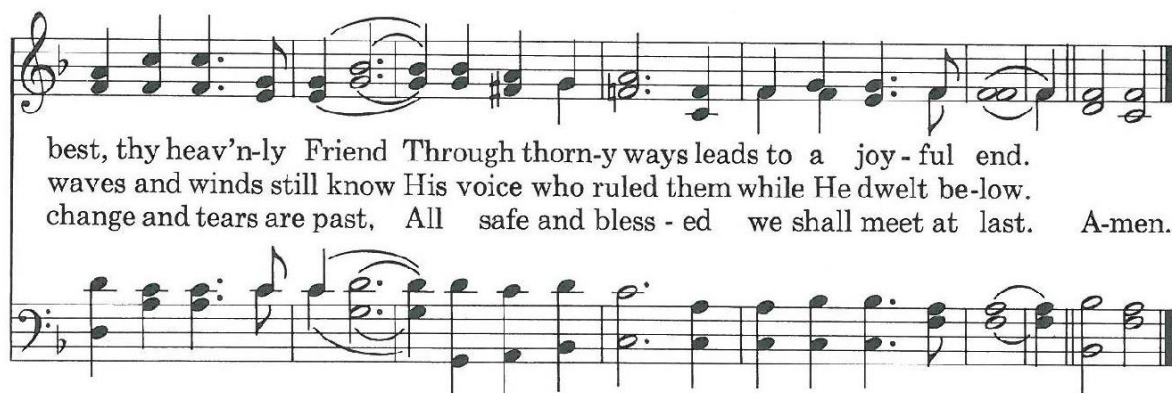
1 Be still, my soul! the Lord is on thy side; Bear pa-tient-ly the
 2 Be still, my soul! thy God doth un-der-take To guide the fu-ture
 3 Be still, my soul! the hour is has-t'ning on When we shall be for-



cross of grief or pain; Leave to thy God to or-der and pro-vide,
 as He has the past. Thy hope, thy con-fi-dence, let noth-ing shake;
 ev-er with the Lord, When dis-ap-point-ment, grief, and fear are gone,



In ev-ery change He faith-ful will re-main. Be still, my soul! thy
 All now mys-te-rious shall be bright at last. Be still, my soul! the
 Sor-row for-got, love's pur-est joys re-stored. Be still, my soul! when



best, thy heav'n-ly Friend Through thorn-y ways leads to a joy-ful end.
 waves and winds still know His voice who ruled them while He dwelt be-low.
 change and tears are past, All safe and bless-ed we shall meet at last. A-men.

From The Mennonite Hymnal