

Sunday, February 19, 2017
We nurture each other in our later years



VOL. 30 NO. 8

WATERLOO-KITCHENER UNITED MENNONITE CHURCH

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Welcome to our worship service. May you be blessed as you meet God and be empowered for the week ahead.

Sunday, February 19, 2017 9:30 a.m.

Worship Leader: Hilda Krotz

Speaker: Pastor Ben Cassels

Congregational Prayer: Pastor Ben Cassels

Organ: Karen Enns

Scripture Reader: Hilda Krotz

Choir: Laura Enns

Children are welcome in the worship service or parents may supervise young children in the Nursery along the Administration Hallway.

Worship Focus: *The Bible offers us a counter-cultural vision of aging, one that is typified by adaptability, wisdom, growth, and honour. How might we be a congregation that is nurtured by and nurtures those in their later years?*

Prelude

Gathering

Words of Welcome

Work and Care of the Church

Call to Worship

Leader: God alone is our refuge and hope,

People: Our shelter and protection.

Leader: From our very first breath to our last,

People: God's love and compassion never fails.

Leader: So come, lift your voices in praise to God.

People: Bear witness to God's acts of mercy and love.

Leader: Proclaim God's glory to all who will listen.

All: Let's worship God together.

Invocation

Prayer

Hymn of Praise: "God of our life"

HWB # 486

Confessing

Scripture I: Psalm 71: 14-19

(Old Testament)

page 414

Psalm 92: 12-15

(Old Testament)

page 427



Confession of Sin

Assurance of forgiveness

Hymn: *"I was there to hear your burning cry"*

STJ # 89

Hearing God's Word

Congregational Prayer/Lord's Prayer

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power, and the glory are yours
now and forever. Amen.



Offering/Offering Prayer

Anthem: *On Eagles Wings* M. Joncas, arr. M. Hayes

Scripture II: 2 Corinthians 4: 16 – 5:5 (New Testament) page 138

Sermon: **"Aging in the Ways of God"**

Responding and Sending

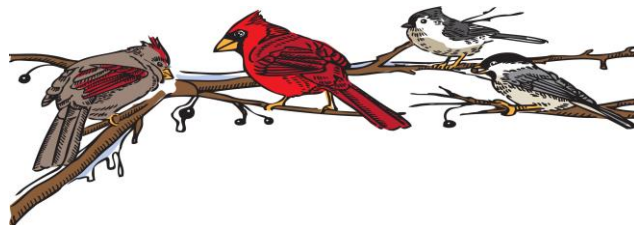
Hymn of Response: *"Lord of our growing years"*

HWB # 479

Benediction

Postlude

Welcome to our visitors! We hope our time of worship has been an encouragement to you. Please sign our guest book in the front foyer.
God bless you and we hope to see you again!



TODAY AT W-K

9:30 a.m. Worship in the Sanctuary

10:30 a.m. Coffee Break

10:45 a.m. Adult Sunday School: *The Reformation spread quickly across the European continent; however, it did not immediately take firm hold in England, despite the efforts of John Wycliffe and William Tyndale. King Henry VIII, staunchly Catholic, had written a scathing critique of Luther's 95 theses, for which the Pope granted him the title, "Defender of the Faith." But the good relationship between Henry and Rome would soon change dramatically. Come join us for the second instalment to see what these changes included.*

5:30 p.m. Men's Roast Beef Dinner in the Gym

Next Sunday – February 26, 2017

Transfiguration Sunday

9:30 a.m. Worship Service Josh Penfold

Lectionary Readings: Lamentations 3: 19-33 Proverbs 3: 1-6

10:30 a.m. Coffee Break

10:45 a.m. Adult Sunday School: *The ongoing political tension and religious controversy continued to build through the second half of the 16th century, not only in England but throughout Europe. There had already been a great deal of bloodshed surrounding the Reformation, but the worst was yet to come. Join us for the third instalment of our series and see what happened.*

CHURCH NOTES CONGREGATIONAL NOTES



Church Office Hours

Tuesday	9:00 a.m. to 1:00 p.m.
Wednesday to Friday	9:00 a.m. to 3:00 p.m.

Parish Nurse Clinic Hours

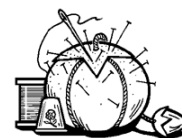
Please Note: The Parish Nurse is on vacation from February 15th to March 1st inclusive. During this time there will be no drop-in clinics at Waterloo Mennonite Homes or at the church.

Financial Report: Thank you for your offering of February 12th

This Week at W-K

Tuesday, February 21	Noon	Silver Spoons
	1:00 p.m.	Knotty Knotters - Basement
	6:00 p.m.	IMCC Rehearsal
	7:00 p.m.	Women's Bible Study – Rm 7
Wednesday, February 22	9:00 a.m. – Noon	Mission Circle
	10:00 a.m.	Belonging Place
	12:30 p.m.	Nordic Pole Walking - gym
	7:30 p.m.	Jubilation Chorus Rehearsal
Thursday, February 23	10:00 a.m.	WALC - gym
	5:00 – 9:30 p.m.	Gym Rental
Friday, February 24	10:00 a.m.	Men can Cook - gym
	1:00 -2:45 p.m.	House of Friendship

The Knotty Knotters will meet in the Basement on Tuesday, February 21st at 1:00 p.m.



On behalf of the House of Friendship, the Community Outreach Team wishes to acknowledge your generous support of the recent Potato Blitz. Money and potato gifts together were equivalent to approximately 1,000 pounds of potatoes.

The Henry Bergen Memorial Roast Beef Dinner is this evening beginning



at 5:30 p.m. Funds raised will go to support the work of Mennonite Central Committee. Tickets are available from Walter Unrau, or at the door. Adults \$18, Kids (5-16) \$10, Family Rate (kids under 16) is \$50.

The Lunch Bunch will be meeting on March 1st at 12:30 p.m. at Kypreos Restaurant, 305 Lancaster Street West in Kitchener. All women are welcome to attend! Come and enjoy a relaxed meal and great fellowship. Please contact Rita Reimer if you have any questions. Rita can be reached at 519-658-6739.



Taxi Vouchers: Would you like to come to church but you need a ride? The Deacons would like to remind everyone that W-KUM has an arrangement with United Taxi Service to provide transportation services throughout the year. The vouchers are available through the church office. We invite anyone in need of transportation to contact the church office for more information.



Looking ahead to Lent....

Lent begins with Ash Wednesday on March 1st. An Ash Wednesday Service – a combined service with W-K, Erb Street and Waterloo North Mennonite Churches will be held on Wednesday, March 1st at 7:00 p.m. at Erb Street Mennonite Church. This service is an opportunity to mark the beginning of Lent and to worship together with these other congregations.

A Men's Lenten Bible Study will meet in the lounge for six weeks leading up to Easter, on Tuesdays from 10:00 – 11:30 a.m. The study will begin on March 7th and continue on until April 11th. The focus will be on "Spiritual Gifts" from a study resource by the same title.

Leadership will be provided by different members of the group. All men are invited to participate. Please put this into your calendar. Further information will be provided. Please contact Ben Stobe with any questions.

Please see the Lenten Flyer included with this bulletin for more information on upcoming events during Lent.

It's Time to De-Clutter

Spring is almost here, and in the spirit of spring cleaning we are starting the process of clearing out rooms around the church now being used for storage, to create space for people and new projects. First up will be the 'Sunday School Storage Room' in the basement, and the middle classroom across the hall. Andrew Tubb will be working to clear out these rooms over the next few weeks. While some materials will be kept for future use by the Sunday School program, we expect to give away or dispose of much of what is left. If you or your group are currently storing items in either of these rooms, please speak to Andrew as soon as possible so that your materials can be relocated. All items that we plan to give away will be displayed in the hallway outside the gym beginning on March 1st, in case anybody would like to give them a new home. After that, they're gone (to the thrift store or recycling, if possible).



In the coming months, look for more announcements as we continue this process in other storage spaces throughout the church. In the meantime, if you or your committee or group have claimed a room, or a closet, or a cupboard or some other corner as storage space, please consider your own de-cluttering project for any items that are no longer being used. If you have any questions, please speak to Andrew or Jennifer Krotz. We look forward to your cooperation and participation.

~ the Housecleaning Committee (Jennifer Krotz, Dale Enns, John Reimer)

In keeping with this theme we also need to make some changes with respect to how garbage is handled here at the church. The City of Waterloo is reducing the amount of waste they collect region wide. Beginning on March 6th the city will pick up ONLY 4 bags of garbage every 2 weeks. Due to this change, we must reduce the amount of garbage we create.



You will see different garbage cans and green bins around the church – with posters and signs as to what can go into each receptacle.

Please see the flyer in your mailboxes this week which will give you some more information.

~ Andrew Tubb, Custodian

CHILDREN, YOUTH AND YOUNG AT HEART



W-K will be hosting the youth groups from Waterloo North and Erb Street Churches for an open gym event on Sunday, March 5th from 12:00 Noon to 2:00 p.m. We are going to play a variety of games in the gym and have a pizza lunch as well. If you have any questions please contact David Harder.

HEALTH AND WELLNESS

Healthy Reflections for February is in your mailbox this morning.

Health and Wellness

- Watch the bulletin next week for announcements about our **W-K Lenten Pilgrimage** – Lent begins March 1st; our Pilgrimage will begin on Sunday, March 5th – for all ages – everyone can participate.

Weekly opportunities for physical activity:

- **WALC fitness class** – each Thursday in the church gym from 10:00 – 11:00 a.m.
- **Pole Walking or regular walking in the gym** – each Wednesday from 12:30 - 2:00 p.m. You may join this walk with or without poles – just come out and enjoy. All are welcome.

Men Can Cook – For those who have signed up, classes began on February 10th, with the 2nd and 3rd sessions on February 17th and 24th from 10:00 a.m. – Noon in the gym. This class is partially sponsored by our Health and Wellness Ministry.



Some interesting sessions coming up at Woolwich Community Health Centre (St. Jacobs):

- Understanding Mental Health: Signs, Symptoms, Support and Resources. (This is a series put on by Canadian Mental Health Association – watch for more information for the March session). The February session will be held on Wednesday, February 22 from 6:30 – 8:30 p.m. Please call 519-656-9025 to register.
- PEP Talk: **Take Charge of Your Diabetes** – on March 28th and May 23rd. To register or for information please call 1-866-337-3318

- Ambiguous Loss Support Group (for Care Partner of Person Living with Dementia); Thursdays, March 2 to March 23 from 1:30-3:00 p.m. Led by the Alzheimer Society. To register please call 519-742-1422

Parenting with Passion: *Connecting with our Kids* will be held Saturday, February 25th from 10:00 a.m. – 3:00 p.m. To register for either of these sessions, please call 519-884-0000

WIDER CHURCH AND COMMUNITY



You are invited to a concert with the Goshen College Women's World Music Choir and the local Good Hearted Women Singers, a First Nations Women's Group from Kitchener/Waterloo. The concert will take place on Sunday, February 26th at 7:00 p.m. at St. Jacobs Mennonite Church. A freewill offering will be taken.

Mid-Winter Songs, a choral concert by the DaCapo Chamber Choir with guests Catherine Robertson and Lance Ouellette, directed by Leonard Enns. The concert features music inspired by the mystery of winter, and the promise of new life that lies beneath its cold surface. Concert times are Saturday, March 4th at 8:00 p.m. at St. John the Evangelist Church in Kitchener and Sunday, March 5th at 3:00 p.m. at First United Church in Waterloo. Tickets are available at www.dacapochoir.ca or by phone at 519-725-7549. Also available at the door- cash only.



Did you sing in the Inter-Mennonite Children's Choir? All alumni are invited to participate in the 50th Anniversary Concert as part of the Alumni Choir. The concert will be held at St. Matthews Lutheran Church, 54 Benton St., Kitchener on Sunday, May 7th at 3 p.m.

Join us on Saturday, May 6, 2017 for a rehearsal, dinner, and evening entertainment at Waterloo-Kitchener United Mennonite Church. The rehearsal will run from 3:30 – 5:30 p.m. with the dinner and evening entertainment following from 6:00 – 8:30 p.m. If you are interested in joining the Alumni choir, please register at <http://bit.ly/2kVblBz> or email intermennonitechilrenschoir@gmail.com for more information. See the poster on Bulletin Board 4.



Lions and Tigers and Bears, Oh My! We may not have a live tiger at Rockway, but we do have a live TOTO!

Join us for the grade 7-12 production of The Wizard of Oz, March 2-4, 2017. Tickets are available online at www.rockway.ca or in person during school hours.

Shalom Counselling Services will hold their Annual General Meeting at their office at 9 Avondale Avenue South in Waterloo on Wednesday, February 22, 2017. The meeting will begin at 5:00 p.m. Please RSVP by calling 519-8869690 or send an email to admin@shalomcounselling.org Information about the meeting and agenda documents are posted on Bulletin Board # 3.



On February 23, 2017, **Conrad Grebel University College** invites all Grade 10 students and their families to come to the College to share a complimentary pizza supper before heading over to main campus for the University of Waterloo's annual **Grade 10 Family Night**. Supper will begin at 5:30 p.m. and we will walk you over to main campus for UWaterloo's 6:30 pm event. Email pbartel@uwaterloo.ca by February 21 to indicate supper attendance (and #'s). Register for the UWaterloo event at www.uwaterloo.ca/fom/grade-10<<http://www.uwaterloo.ca/fom/grade-10>>.

Grebel will be hosting an MCEC Youth Night on February 26th from 6:30 – 9:30 p.m. Cost is \$5 including pizza and cookies. To register, please contact Rebekah DeJohn rdejong@uwaterloo.ca or call 519-885-0220 Extension 24215. Come and connect with youth from other Mennonite Churches.

Rodney and Lorna Sawatsky Lecture – Dr. Mary Jo Leddy will give the 2017 Rodney and Lorna Sawatsky Visiting Scholar Lecture titled, "Room Enough for Hope: Canada's Response to the Refugee Crisis". Leddy is a writer, theologian, and social activist well known for her work with refugees. The lecture will be in Conrad Grebel University College Great Hall on Friday, March 3 at 7:30 p.m. All are welcome to attend. Poster on Bulletin Board # 4.



Family Day Event - Come enjoy many FREE indoor and outdoor activities on February 20th from 10 am to 3:30 pm at **Hidden Acres Mennonite Camp**. Activities include sledding, skating, pretzel-making, crafts, games, a campfire, bannock roasting and much more! Please bring your own outdoor equipment. Some activities are weather dependent. Enjoy a hot lunch for \$3/person or bring a bagged lunch. RSVP required – info@hiddenacres.ca or 519-625-8602.

Women's Retreat: February 24-26, 2017 at Silver Lake Mennonite Camp.

Relaxing in the sauna, enjoying a massage, reading a book by the fire, snowshoeing or skiing through the woods, stargazing on a horse drawn sleigh ride and savouring exceptional food prepared by Chef Lawrence McLean. Resource person Tanya Dyck Steinmann. For more information and to register visit www.slmc.ca/retreats or call 519-422-3200

Grandparent and Grandchild Days at Hidden Acres Mennonite Camp on March 13th or 14th. This is a great day for grandparents and their grandchildren in grades 1-6 to spend time playing, singing, laughing, learning and worshipping together. This year Bryan Moyer Suderman will be our resource person (www.smalltallministries.com). For more information or to register, visit www.hiddenacres.ca, email info@hiddenacres.ca, or call [\(519\)625-8602](tel:5196258602).

Winter Camp for Grownups will be held March 3 - 5, 2017 at Silver Lake Mennonite Camp. This camp is for 20 & 30 somethings who wish they could do camp again! Enjoy everything winter has to offer at Silver Lake including cross-country skiing, snowshoeing, skating on the lake, relaxing in the sauna, walking through the woods, good conversation by the fire, exceptional food etc. This "choose your own adventure" weekend is the perfect winter escape and is a collaborative project between PiE (Pastors in Exile) and Silver Lake. For more information contact Tamara Shantz (tamara@pastorsinexile.org.)

Summer Camp Information is arriving in the office. Please check the bulletin boards in the gym hallway for information regarding summer camp activities.

Introduction to the Enneagram Workshop: The Enneagram is a helpful tool for seeing ourselves with more clarity, finding ways to live with more freedom, and opening ourselves to the presence of Divine Grace in the every day. You are invited to learn about the Enneagram through this workshop that is being facilitated by Tamara Shantz at Bloomingdale Mennonite Church on Friday, March 24th from 7:00 – 9:00 p.m. and Saturday March 25th from 9:00 a.m – 9:00 p.m. Registration is \$200 (includes meals on Saturday) if you register by March 1. Contact Tamara for more information or to register (tamarashantz@gmail.com).



Loved by God and empowered by the Holy Spirit, we follow Jesus Christ.
As a welcoming Mennonite community,
we worship God, nurture each other
and extend God's love and peace to all.