

WATERLOO-KITCHENER UNITED MENNONITE CHURCH 15 George Street, Waterloo, ON N2J 1K6 Telephone: 519-578-0660 E-mail: <u>office@wkumchurch.ca</u> www.wkumchurch.ca Staff: Pastor Ben Cassels E-mail: <u>ben@wkumchurch.ca</u> Phone: 519-588-0939 Karen Watson - Parish Nurse – <u>parish.nurse@wkumchurch.ca</u> Phone: 519-578-0660, then press 2 when voice mail picks up David Harder – Christian Education Program Assistant – <u>david.a.harder@gmail.com</u> Katharine Borch – Office Administrator – <u>office@wkumchurch.ca</u> Andrew Tubb – Church Custodian – <u>andrewtubb@gmail.com</u>

Welcome to our worship service. May you be blessed as you meet God and be empowered for the week ahead. Sunday, February 26, 2017 9:30 a.m.

Worship Leader: Hilda Krotz	Speaker: Josh Penfold
Congregational Prayer: Nancy Pauls	Organ: Karen Enns
Scripture Reader: Hilda Krotz	Choir: Laura Enns

Children are welcome in the worship service or parents may supervise young children in the Nursery along the Administration Hallway.

Worship Focus: What does it look like to trust God when the road ahead is not clear?

Prelude

Gathering

Words of Welcome

Work and Care of the Church

Call to Worship

- Leader: Here in this place, God welcomes all the dreamers, as well as the doubters:
- People: Here, the worriers and wanderers can call on God by name.
- Leader: Here, in this time, we can remember all the ways God has graced us:
- People: Here, in these moments, we are reminded that God is with us. Always!
- Leader: Here are gathered those daring enough to step out of comfort into the unknown:
- People: Here, in this faith space, we will find the courage to cry out, "God, save us!" in every situation.

Invocation

Hymn of Praise:	"Here in this place"
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Confessing

Scripture I: Lamentations 3: 19-33

see back page of bulletin

HWB # 6



Confession and Commitment

Assurance of forgiveness

"My hope is built on nothing less" Hymn: (Children come forward on the last verse)

Community Life

Children's Time Song of Blessing: "For God so loved us" HWB # 167 Congregational Prayer/Lord's Prayer Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power, and the glory are yours now and forever. Amen. Offering/Offering Prayer

Anthem: Keep your lamps trimmed

African-American Spiritual Arr. Andre Thomas

Hearing God's Word

Scripture II: Proverbs 3: 1-6 (Old Testament)	page 455	
Sermon: "Trust in the Lord"		
Visitor 1: Build		
Hymn: "Great is thy faithfulness" HWI		
Visitor 2: Barren		
Hymn: "Will you come and follow me"	STS # 39	
Visitor 3: But		
Responding and Sending		
Hymn of Response: "Guide my feet"	HWB # 546	

Benediction

Postlude

Welcome to our visitors! We hope our time of worship has been an encouragement to you. Please sign our guest book in the front foyer. God bless you and we hope to see you again!



<u>A very special welcome</u> to our guest speaker this morning. Joshua Penfold recently concluded 4 1/2 wonderful years of ministry at Wellesley Mennonite Church as Associate Pastor. Josh is currently working for Christian

Horizons in Woodstock as a support worker and keeps learning what it is to trust God's wild and wonderful leading. Josh and his wife Rebecca and their children Ellie and Ruth currently attend Tavistock Mennonite Church.

TODAY AT W-K

9:30 a.m. Worship in the Sanctuary

No Sunday School for Children and Youth today

10:30 a.m. Coffee Break

10:45 a.m. Adult Sunday School: The ongoing political tension and religious controversy continued to build through the second half of the 16th century, not only in England but throughout Europe. There had already been a great deal of bloodshed surrounding the Reformation, but the worst was yet to come. Join us for the third instalment of our series and see what happened.

<u>Next Sunday – March 5, 2017</u>

Lent 1

9:30 a.m. Worship Service with Communion Pastor Ben Cassels Lectionary Genesis 2: 15-17, 3: 1-7 Psalm 32 Readings: Romans 5: 12-19 Matthew 4: 1-11 10:00 a.m. Sunday School for Children and Youth 10:30 a.m. Coffee Break 10:45 a.m. Adult Sunday School: Pastor Hans Borch will join us to talk about his travels in and around Wittenburg – and show some photos of the area. A wrap-up to the Reformation series. Noon Youth event in the gym until 2:00 p.m.

CHURCH NOTES CONGREGATIONAL NOTES



Church Office Hours

Tuesday Wednesday to Friday 9:00 a.m. to 1:00 p.m. 9:00 a.m. to 3:00 p.m.

Parish Nurse Clinic Hours

Please Note: <u>The Parish Nurse is on vacation</u> until March 1st. Drop-in clinics will resume on March 2nd at church and March 7th at Waterloo Mennonite Homes.

This Week at W-K

Financial Report: Thank you for your offering of February 19th

Tuesday, February 28	Noon	Silver Spoons	
	1:00 p.m.	Quilting Group - Basement	
	6:00 p.m.	IMCC Rehearsal	
	7:00 p.m.	Women's Bible Study – Rm 7	
Wednesday, March 1	9:00 a.m. – Noon	Mission Circle	
	10:00 a.m.	Belonging Place	
	12:30 p.m.	Nordic Pole Walking - gym	
	7:30 p.m.	Jubilation Chorus Rehearsal	
Thursday, March 2	10:00 a.m.	WALC - gym	
	6:00 p.m.	Church Supper - gym	
Friday, March 3	1:00 -2:45 p.m.	House of Friendship	

The Quilting Group will meet in the Basement on Tuesday, February 28th at 1:00 p.m.





The Henry Bergen Memorial Roast Beef Dinner Thanks to all who participated in this year's dinner. Your generosity made it possible for us to donate to MCC Ontario. Mark your calendars for next year's dinner - February 11, 2018.

<u>The Lunch Bunch</u> will be meeting on Wednesday, <u>March 1st at</u> <u>12:30 p.m at Kypreos Restaurant, 305 Lancaster Street West in</u> <u>Kitchener.</u> All women are welcome to attend! Come and enjoy a relaxed meal and great fellowship. Please contact Rita Reimer if you have any questions.



<u>Church Supper is this Thursday.</u> David Harder will speak about working with Refugee families. Sign up on the courtyard window today!

George Street Fellowship is sponsoring the annual WKUM Baseball Day on Saturday, April 29th. The Jays will take on the Tampa Bay Rays. John Enns has access to 40 tickets. He reports that 29 are already taken. Adults pay \$36 each, kids are \$20. Dinner reservations are pending at the moment. Please contact John Enns for more information.

Looking ahead to Lent....



Lent begins with Ash Wednesday on March 1st. An <u>Ash Wednesday Service</u> – a combined service with W-K, Erb Street and Waterloo North Mennonite Churches will be held on <u>Wednesday</u>, <u>March 1st at 7:00 p.m. at Erb Street</u> <u>Mennonite Church.</u> This service is an opportunity to mark the

beginning of Lent and to worship together with these other congregations.

<u>Men's Lenten Bible Study</u> will meet in the lounge on Tuesday mornings from March 7th through to April 11th from 10:00 – 11:30 a.m. The focus will be on "*Spiritual Gifts*" from a study resource by the same title. Leadership will be provided by different members of the group. All men are invited to participate. Please put this into your calendar. Further information will be provided. Please contact Ben Stobbe with any questions.



<u>Women's Lenten Bible Study</u> will meet in the lounge on Wednesday afternoons from March 8th through to April 12th from 2:30 – 4:00 p.m. The study is entitled "*Faith Travels*" by Marlene Kropf. All women of the congregation are invited to participate. Please contact Gloria Dirks for more information.

It's Time to De-Clutter

Spring is almost here, and in the spirit of spring cleaning we are starting the process of clearing out rooms around the church now being used for storage, to create space for people and new projects. First up will be the 'Sunday School Storage Room' in the basement, and the middle classroom across the hall. Andrew Tubb will be working to clear out these rooms over the next few weeks. While some materials will be kept for future use by the Sunday School program, we expect to give away or dispose of much of what is left. If you or your group are currently storing items in either of these rooms, please speak to Andrew as soon as possible so that your materials can be relocated. All items that we plan to give away will be displayed in the hallway outside the gym beginning on March 5th.

In addition to items from Sunday School storage, beginning on March 5th we will be giving away surplus copies of the following songbooks:

- Gesangbuch
- The Mennonite Hymnary
- Hymns for Special Occasions (1975)
- Carols for Christmas (1981)
- Sing Out (Christmas Carols)
- Sing Out (Old Time Favourites)

Check out the hallway outside the gym on March 5th, first-come, firstserved, any leftovers will be donated or recycled.

In the coming months, look for more announcements as we continue this process in other storage spaces throughout the church. In the meantime, if you or your committee or group have claimed a room, or a closet, or a cupboard or some other corner as storage space, please consider your own de-cluttering project for any items that are no longer being used. If you have any questions, please speak to Andrew or Jennifer Krotz. We look forward to your cooperation and participation.

~ the Housecleaning Committee (Jennifer Krotz, Dale Enns, John Reimer)

In keeping with this theme we also need to make some changes with respect to how garbage is handled here at the church. The City of Waterloo is reducing the amount of waste they collect region wide. Beginning on March 6th the city will pick up ONLY 4 bags of garbage every 2 weeks. Due to this change, we must reduce the amount





of garbage we create.

You will see different garbage cans and green bins around the church – with posters and signs as to what can go into each receptacle. An information flyer about these changes went into your mailboxes last week.

~ Andrew Tubb, Custodian

CHILDREN, YOUTH AND YOUNG AT HEART



There will be <u>no Youth Sunday School today</u>. Youth are encouraged to attend Adult Sunday School. W-K will be hosting the youth groups from Waterloo North and Erb Street Churches for an open gym event on <u>Sunday</u>, <u>March 5th from 12:00 Noon to 2:00 p.m.</u> We are going to play

a variety of games in the gym and have a pizza lunch as well. If you have any questions please contact <u>david.a.harder@gmail.com</u>

HEALTH AND WELLNESS

Health and Wellness

Our W-K Lenten Pilgrimage:



Lent begins on March 1st. **Our Pilgrimage will begin on Sunday, March 5th for all ages.** Everyone can participate. Reflecting on our worship theme, "Restore Us, O God", you are invited into this Lenten Pilgrimage. Throughout these 6 weeks of Lent we will follow in Jesus' footsteps as his journey is described in John's gospel. To be a pilgrim is to "wander over a great distance", with a specific destination in mind. Pilgrimage is a sacred journey – that is, the journey has spiritual significance. Get your "Pilgrim's Guide" on Sunday, March 5th, as we begin this journey together.

What is a pilgrimage? Why a pilgrimage?

"We are pilgrims on a journey, fellow travellers on the Way; We are here to help each other, walk the mile and bear the load."

(Will you let me be your servant, HBW # 307)

Weekly opportunities for physical activity:

- WALC fitness class each Thursday in the church gym from 10:00 11:00 a.m.
- <u>Pole Walking or regular walking in the gym</u> each Wednesday from 12:30 2:00 p.m. You may join this walk with or without poles just come out and enjoy. All are welcome.

<u>Men Can Cook</u> – Congratulations to all the men completing Level 3 of Men Can Cook with Erika Tubb. We had 16 men sign up this year. Thank you to Erika for teaching the men some new culinary skills again this year.

Some interesting sessions coming up at Woolwich Community Health Centre (St. Jacobs):

- PEP Talk: <u>Take Charge of Your Diabetes</u> on March 28th and May 23rd. To register or for information please call 1-866-337-3318
- Ambiguous Loss Support Group (for Care Partner of Person Living with Dementia); <u>Thursdays, March 2 to March 23 from 1:30-3:00 p.m.</u> Led by the Alzheimer Society. To register please call 519-742-1422

WIDER CHURCH AND COMMUNITY



You are invited to a concert with the Goshen College Women's World Music Choir and the local Good Hearted Women Singers, a First Nations Women's Group from Kitchener/Waterloo. The concert will take this evening at 7:00 p.m. at St. Jacobs Mennonite

Church. A freewill offering will be taken.

<u>Mid-Winter Songs</u>, a choral concert by the DaCapo Chamber Choir with guests Catherine Robertson and Lance Ouellette, directed by Leonard Enns. The concert features music inspired by the mystery of winter, and the promise of new life that lies beneath its cold surface. Concert times are Saturday, March 4th at 8:00 p.m. at St. John the Evangelist Church in Kitchener and Sunday, March 5th at 3:00 p.m. at First United Church in Waterloo. Tickets are available at www.dacapochamberchoir.ca or by phone at 519-725-7549. Also available at the door- cash only.



Did you sing in the Inter-Mennonite Children's

<u>Choir?</u> All alumni are invited to participate in the 50th Anniversary Concert as part of the Alumni Choir. The concert will be held at St. Matthews Lutheran Church, 54 Benton St., Kitchener on Sunday, May 7th at

3 p.m. Join us on Saturday, May 6, 2017 for a rehearsal, dinner, and evening entertainment at Waterloo-Kitchener United Mennonite Church. The rehearsal will run from 3:30 – 5:30 p.m. with the dinner and evening entertainment following from 6:00 – 8:30 p.m. If you are interested in joining the Alumni choir, please register at <u>http://bit.ly/2kVblBz</u> or email <u>intermennonitechildrenschoir@gmail.com</u> for more information. See the poster on Bulletin Board 4.



Toto...I don't think we're in Kansas anymore! Join

Collegiate production of The Wizard of Oz, March 2-4, 2017. Tickets are available online at <u>www.rockway.ca</u> or in person during school hours.



<u>Grebel will be hosting an MCEC Youth Night</u> this evening from 6:30 – 9:30 p.m. Cost is \$5 including pizza and cookies. To register, please contact Rebekah DeJohn <u>ridejong@uwaterloo.ca</u> or call 519-885-0220 Extension 24215. Come and connect with youth from other Mennonite Churches.

Rodney and Lorna Sawatsky Lecture – Dr. Mary Jo Leddy will give the 2017 Rodney and Lorna Sawatsky Visiting Scholar Lecture titled, "Room Enough for Hope: Canada's Response to the Refugee Crisis". Leddy is a writer, theologian, and social activist well known for her work with refugees. The lecture will be in <u>Conrad Grebel University College Great Hall on Friday, March 3 at 7:30 p.m.</u> All are welcome to attend. Poster on Bulletin Board # 4.



<u>Winter Camp for Grownups</u> will be held <u>March 3 - 5</u>, <u>2017 at Silver Lake Mennonite Camp</u>. This camp is for 20 & 30 somethings who wish they could do camp again! Enjoy everything winter has to offer at Silver Lake including cross-country skiing, snowshoeing, skating on the lake, relaxing in the sauna, walking

through the woods, good conversation by the fire, exceptional food etc. This "choose your own adventure" weekend is the perfect winter escape and is a collaborative project between PiE (Pastors in Exile) and Silver Lake. For more information contact Tamara Shantz (<u>tamara@pastorsinexile.org</u>.)

Grandparent and Grandchild Days at Hidden Acres Mennonite Camp on March 13th or 14th. This is a great day for grandparents and their grandchildren in grades 1-6 to spend time playing, singing, laughing, learning and worshiping together. This year Bryan Moyer Suderman will be our resource person (www.smalltallministries.com). For more information or to register, visit www.hiddenacres.ca, email info@hiddenacres.ca, or call (519)625-8602.

<u>Summer Camp Information</u> is arriving in the office. Please check the bulletin boards in the gym hallway for information regarding summer camp activities.

All are welcome to the Mennonite Economic Development Associates

(MEDA) Spring Banquet to be held on March 11th at Crosshill Mennonite Church. The main speaker for the fundraiser is Helen Loftin, MEDA's Senior Vice President Marketing and Communications. We will also be joined by special musical guests, The DixonStrings. Doors open at 6:15 p.m. and the cost is \$40 Adults and \$20 Students. You can register by visiting www.MEDA.org/waterloo, calling 519-725-1633 ext. 100, or emailing Katie at kbrox@meda.org. Registration deadline is March 6. See the poster on Bulletin Board # 4 for more details.

Introduction to the Enneagram Workshop: The Enneagram is a helpful tool for seeing ourselves with more clarity, finding ways to live with more freedom, and opening ourselves to the presence of Divine Grace in the every day. You are invited to learn about the Enneagram through this workshop that is being facilitated by Tamara Shantz at Bloomingdale Mennonite Church on Friday, March 24th from 7:00 – 9:00 p.m. and Saturday March 25th from 9:00 a.m – 9:00 p.m. Registration is \$200 (includes meals on Saturday) if you register by March 1. Contact Tamara for more information or to register (tamarashantz@gmail.com). See the poster on Bulletin Board # 4 for more information.

Loved by God and empowered by the Holy Spirit, we follow Jesus Christ. As a welcoming Mennonite community, we worship God, nurture each other and extend God's love and peace to all.

It's a Good Thing to Hope for Help from God ¹⁹⁻²¹ I'll never forget the trouble, the utter lostness, the taste of ashes, the poison I've swallowed. I remember it all-oh, how well I rememberthe feeling of hitting the bottom. But there's one other thing I remember, and remembering, I keep a grip on hope: ²²⁻²⁴ God's loyal love couldn't have run out, his merciful love couldn't have dried up. They're created new every morning. How great your faithfulness! I'm sticking with God (I say it over and over). He's all I've got left. ²⁵⁻²⁷ God proves to be good to the man who passionately waits, to the woman who diligently seeks. It's a good thing to quietly hope, quietly hope for help from God. It's a good thing when you're young to stick it out through the hard times. ²⁸⁻³⁰ When life is heavy and hard to take, go off by yourself. Enter the silence. Bow in prayer. Don't ask questions: Wait for hope to appear. Don't run from trouble. Take it full-face. The "worst" is never the worst. ³¹⁻³³ Why? Because the Master won't ever walk out and fail to return. If he works severely, he also works tenderly. His stockpiles of loyal love are immense. He takes no pleasure in making life hard, in throwing roadblocks in the way:

The Message (MSG)

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