Sunday, March 5, 2017

Lent 1

Restore us, O God: We Hunger



VOL. 30 NO. 10

WATERLOO-KITCHENER UNITED MENNONITE CHURCH 15 George Street, Waterloo, ON N2J 1K6 Telephone: 519-578-0660 E-mail: <u>office@wkumchurch.ca</u> <u>www.wkumchurch.ca</u> Staff: Pastor Ben Cassels E-mail: <u>ben@wkumchurch.ca</u> Phone: 519-588-0939 Karen Watson - Parish Nurse – <u>parish.nurse@wkumchurch.ca</u> Phone: 519-578-0660, then press 2 when voice mail picks up David Harder – Christian Education Program Assistant – <u>david.a.harder@gmail.com</u> Katharine Borch – Office Administrator – <u>office@wkumchurch.ca</u> Andrew Tubb – Church Custodian – <u>andrewtubb@gmail.com</u>

Welcome to our worship service. May you be blessed as you meet God and be empowered for the week ahead. Sunday, February 26, 2017 9:30 a.m.

Worship Leader: Hilda Krotz Congregational Prayer: Pastor Ben Cassels Scripture Reader: Heather Krotz Communion Servers: Laurie Staller, Crystal Francis, Karen Watson, Nancy Pauls Speaker: Pastor Ben Cassels Organ: Ian VanderBurgh Choir: Carolyn VanderBurgh Children's Time: Hilda Krotz

Children are welcome in the worship service or parents may supervise young children in the Nursery along the Administration Hallway.

Worship Focus: We hunger for many things and are conditioned to yearn for even more. But what are we really hungry for? And how can we trust God, to truly feed us?

Gathering

Gathering Hymn: "I sing the mighty power of God"

Words of Welcome

Work and Care of the Church

Call to Worship

- Leader: In the midst of myriad distractions, we gather, longing for you.
- People: Restore us, O God! We hunger.
- Leader: In the midst of the temptation to live in fear, we gather, trusting in you.

People: Restore us, O God! We hunger.

Leader: In the midst of the challenges of daily living, we gather, craving your presence.



People: Restore us. O God! We hunger.

Leader: Come, worship the One who feeds our deepest hungers and sustains us with love.

Prayer of Invocation

Hymn: "Come, bring your burdens to God"



HWB # 46

Prayer of Confession and Words of Assurance

Leader: God of abundance, you give us *all* we need. We confess that, too often, we focus on what we *don't* have. We forget that it is you who truly sustains us. Forgive us. Satisfy us with your steadfast love and help us to take refuge in remembering that what you provide is good. It is enough.

(Pause for silent reflection)

Leader: God of abundant grace,

All: Restore us.

Leader: Rejoice in the Lord and be glad. Sing praises to the Lord! Taste and see that the Lord *is* good.

Hearing God's Word

Scripture I: Genesis 2: 15-17, 3: 1-7	(Old Testament)	page 2		
Hymn:"Jesus walked this lonesome valley"STS # 80(Children come forward on the last verse)				
Time with the Children				
Song of Blessing: "The Lord lift you up"		STJ # 73		
Congregational Prayer/Lord's Prayer				
Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power, and the glory are yours now and forever. Amen.				
Offering				
Anthem: Lead Me, Lord S. Wesle	ey arr. F. Bock			
Scripture II: Matthew 4: 1-11	(New Testament)	page 2		

"We Hunger" Sermon:

Responding to the Story

Hymn of Response: "I am the Bread of Life" vs. 1,2 5 HWB # 472

Lenten Ritual: Communion

Theme Song: "You are all we have"

STJ # 29

Benediction

Welcome to our visitors! We hope our time of worship has been an encouragement to you. Please sign our guest book in the front foyer. God bless you and we hope to see you again!

TODAY AT W-K

9:30 a.m. Worship in the Sanctuary

Sunday School for Children and Youth 10:00 a.m.

10:30 a.m. Coffee Break

Adult Sunday School: Pastor Hans Borch will join us to talk 10:45 a.m. about his travels in and around Wittenburg – and show some photos of the area. A wrap-up to the Reformation series.

Noon Youth Event in the gym until 2:00 p.m.

Next Sunday – March 12, 2017

Lent 2

9:30 a.m. Worship Service

Lectionary Genesis 12: 1-4a Rev. Waldemar Regier

- Readings: Romans 4: 1-5, 13-17
- Psalm 121 John 3: 1-17
- 10:00 a.m. No Sunday School for Children and Youth

10:30 a.m. Coffee Break

10:45 a.m. Adult Sunday School: Spirituality Wheel. In this 5-week study led by Pastor Ben, we will explore the very different ways that each person understands faith and relates to God. This series will help us understand how God has made each of us individually, who we are as a congregation, and how we can grow together. Throughout the series we'll be introduced to different spiritual practices, hear stories of faith, and dream about what could be.

CHURCH FAMILY NOTES

CONGREGATIONAL NOTES

Church Office Hours



Tuesday Wednesday to Friday 9:00 a.m. to 1:00 p.m. 9:00 a.m. to 3:00 p.m.

Parish Nurse Clinic Hours

Waterloo Mennonite Homes – Tuesday 9:30 – 10:30 a.m.

Waterloo-Kitchener United Mennonite Church - 11:00 a.m. - Noon

Financial Report: Thank you for your offering of February 26th and for the pre-authorized withdrawal offering of February 27th



Taxi Vouchers: Would you like to come to church but you need a ride? The Deacons would like to remind everyone that W-KUM has an arrangement with United Taxi Service to provide transportation services throughout the year. The

vouchers are available through the church office. We invite anyone in need of transportation to contact the church office for more information.

<u>The Knotty Knotters</u> will meet in the Basement on Tuesday, March 7th at 1:00 p.m. All women are welcome to join them.



Tuesday, March 7	10:00 a.m. to Noon	Men's Bible Study - Lounge	
	Noon	Silver Spoons	
	1:00 p.m.	Knotty Knotters - Basement	
	6:00 p.m.	IMCC Rehearsal	
	7:00 p.m.	Health and Wellness – Youth Rm	
	7:00 p.m.	Women's Bible Study – Rm 7	
Wednesday, March 8	9:00 a.m. – Noon	Mission Circle	
	10:00 a.m.	Belonging Place	
	12:30 p.m.	Nordic Pole Walking - gym	
	2:30 – 4:00 p.m.	Ladies Bible Study - Lounge	
	2:45 p.m.	Deacons Meeting - Nursery	
	7:30 p.m.	Jubilation Chorus Rehearsal	
Thursday, March 9	10:00 a.m.	WALC - gym	

This Week at W-K

<u>Men's Lenten Bible Study</u> will meet in the lounge on Tuesday mornings from March 7th through to April 11th from 10:00 - 11:30 a.m. The focus will be on "*Spiritual Gifts*" from a study resource by the same title. Leadership will be provided by different members of the group. This coming Tuesday's study – March 7th – will be led by Rudy Baergen.



Women's Lenten Bible Study will meet in the lounge on Wednesday afternoons from March 8th through to April 12th from 2:30 – 4:00 p.m. The study is entitled "*Faith Travels*" by Marlene Kropf. All women of the congregation are invited to participate. Please contact Gloria Dirks for more information.



George Street Fellowship is sponsoring the annual WKUM Baseball Day on <u>Saturday, April 29th.</u> The Jays will take on the Tampa Bay Rays. Over 30 persons have expressed interest in the tickets and now it is time to make the final decision by paying for them. There are still additional seats available so if

you haven't contacted me as yet, please do so as soon as possible. I will soon need the numbers for restaurant reservations also. Do you have any other names I should add to the list of potential fans? Any questions? Contact John Enns

It's Time to De-Clutter

Spring is almost here, and in the spirit of spring cleaning we are starting the process of clearing out rooms around the church now being used for storage, to create space for people and new projects. First up will be the 'Sunday School Storage Room' in the basement, and the middle classroom across the hall. Items are on display in hallway outside the gym beginning today.

In addition to items from Sunday School storage, we will be giving away surplus copies of the following songbooks:

- Gesangbuch •
- The Mennonite Hymnary
- Hymns for Special Occasions (1975) •
- Carols for Christmas (1981)
- Sing Out (Christmas Carols)
- Sing Out (Old Time Favourites)



Any items left over will be recycled or donated. In the coming months, look for more announcements as we continue this process in other storage spaces throughout the church. ~ the Housecleaning Committee (Jennifer Krotz, Dale Enns, John Reimer)

In keeping with this theme we also need to make some changes with respect to how garbage is handled here at the church. The City of Waterloo is reducing the amount of waste they collect region wide. Beginning on March 6th the city will pick up ONLY 4 bags of garbage every 2 weeks. You will see different garbage cans and green



bins around the church – with posters and signs as to what can go into each receptacle. ~ Andrew Tubb, Custodian



Women of MCEC invite women of all ages to St. Jacob's Mennonite Church on Saturday, April 22, 2017 for Spring Enrichment Day. The theme is Women Talk – Body and Soul with guest speaker, Carol Penner. Cost for the day is \$30 including lunch. A poster and registration forms are posted on Bulletin Board # 4. Please see Gloria Dirks for more information.

Page 6

CHILDREN, YOUTH AND YOUNG AT HEART



W-K will be hosting the youth groups from Waterloo North and Erb Street Churches for an open gym event <u>today from</u> <u>12:00 Noon to 2:00 p.m.</u> We are going to play a variety of games in the gym and have a pizza lunch as well. If you have any questions please contact <u>david.a.harder@gmail.com</u>

HEALTH AND WELLNESS

Health and Wellness

Our W-K Lenten Pilgrimage:



Our Pilgrimage will begin Sunday, March 5th.

This is for all ages – everyone can participate! Reflecting on our worship theme, "Restore Us, O God", you are invited into this Lenten Pilgrimage. Throughout these 6 weeks of Lent we will follow in Jesus' footsteps as his journey is described in John's gospel. To be a pilgrim is to "wander over a great distance", with a specific destination in mind. Pilgrimage is a sacred journey – that is, the journey has spiritual significance.

Pick up your "Pilgrim's Guide" today as we begin this journey together. Each week we will keep track of time spent walking, in other physical activities, and with our devotions and spiritual practices. These all count as kilometers on our journey as we walk with Jesus throughout Lent. Watch the display on the courtyard entrance each week to see our progress and the places where we are travelling. Let us do this together!

Weekly opportunities for physical activity:

- WALC fitness class each Thursday in the church gym from 10:00 11:00 a.m.
- <u>Pole Walking or regular walking in the gym</u> each Wednesday from 12:30 2:00 p.m. You may join this walk with or without poles just come out and enjoy. All are welcome.

Some interesting sessions coming up at Woolwich Community Health Centre (St. Jacobs):

- PEP Talk: <u>Take Charge of Your Diabetes</u> on March 28th and May 23rd. To register or for information please call 1-866-337-3318
- Ambiguous Loss Support Group (for Care Partner of Person Living with Dementia); <u>Thursdays, March 2 to March 23 from 1:30-3:00 p.m.</u> Led by the Alzheimer Society. To register please call 519-742-1422

Parenting with Passion: Children and Stress – on March 30th from 6:30 – 8:30 p.m. at Grow Community Centre in Cambridge. Please call 519-884-0000 to register.

WIDER CHURCH AND COMMUNITY



Between Darkness and Light – a musical message of hope after the Quebec Mosque tragedy featuring local artists with a variety of music and genres. The concert will be held on <u>Saturday, March 11th at 7:00 p.m. at The</u> <u>Registry Theatre, 122 Frederick Street (at Weber) in</u>

<u>Kitchener.</u> A free-will offering will be taken. See the poster on Bulletin Board # 4.

<u>Conrad Grebel presents "The Music Man"</u> on <u>March 24th and 25th at The</u> <u>Conrad Centre for the Performing Arts, 36 King Street West in Kitchener.</u> There will be three performances. Tickets are available from Conrad Grebel main office (519-885-0220); at <u>http://uwaterloo.ca/grebel/themusicman</u> or at the door. See the poster on Bulletin Board # 4.

<u>Menno Singers presents Bach's St. John Passion</u> with Nota Bene Baroque Players, soloists Sheila Dietrich, Laura Pudwell, Steve Surian, Daniel Lichti and Bud Roach under the direction of Peter Nikiforuk. The concert will be <u>Saturday, March 25th at 7:30 p.m. at St. Peter's Lutheran</u> <u>Church, 49 Queen Street North in Kitchener.</u> See the poster on Bulletin Board # 4.

<u>Singing with our Neighbours – Building Peace through Word and Song</u> is Inshallah's annual celebration joining with local groups of various cultures and faiths. This year we feature Inshallah Kids, The Good Hearted Women Singers, and Crossing Borders. The concert will take place at <u>Waterloo</u> <u>Collegiate Institute, 300 Hazel Street Waterloo on Sunday, March 25th at</u> <u>3:00 p.m.</u> A free-will offering will be taken. Poster on Bulletin Board # 4.



Did you sing in the Inter-Mennonite Children's

Choir? All alumni are invited to participate in the 50th Anniversary Concert as part of the Alumni Choir. The concert will be held at St. Matthews Lutheran Church, 54 Benton St., Kitchener on Sunday, May 7th at

3 p.m. Join us on Saturday, May 6, 2017 for a rehearsal, dinner, and evening entertainment at Waterloo-Kitchener United Mennonite Church. The rehearsal will run from 3:30 – 5:30 p.m. with the dinner and evening entertainment following from 6:00 - 8:30 p.m. If you are interested in joining the Alumni choir, please register at http://bit.ly/2kVblBz or email intermennonitechildrenschoir@gmail.com for more information. See the poster on Bulletin Board 4.

Grandparent and Grandchild Days at Hidden Acres Mennonite Camp on March 13th or 14th. This is a great day for grandparents and their grandchildren in grades 1-6 to spend time playing, singing, laughing, learning and worshiping together. This year Bryan Moyer Suderman will be our resource person (www.smalltallministries.com). For more information or to register, visit www.hiddenacres.ca, email info@hiddenacres.ca, or call (519)625-8602.

All are welcome to the Mennonite Economic Development Associates (MEDA) Spring Banquet to be

held on March 11th at Crosshill Mennonite Church. The main speaker for the fundraiser is Helen Loftin, MEDA's Senior Vice

President Marketing and Communications. We will also be joined by special musical guests, The DixonStrings. Doors open at 6:15 p.m. and the cost is \$40 Adults and \$20 Students. You can register by visiting www.MEDA.org/waterloo, calling 519-725-1633 ext. 100, or emailing Katie at kbrox@meda.org. Registration deadline is March 6. See the poster on Bulletin Board # 4 for more details.

PROJECT **Project Ploughshares** invites the public to attend a conversation with Hiroshima PLOUGHSHARES survivor and world renowned nuclear vears disarmament advocate Setsuko Thurlow. The event will take place at Knox Presbyterian Church on Monday, March 13th beginning at 7:00 p.m. As this is part of Project Ploughshare" 40th anniversary celebrations, there will be musical entertainment and refreshments. See the poster on Bulletin Board # 4.