

Sunday, March 19, 2017

Lent 3

Restore us, O God:

We Thirst



VOL. 30 NO. 12

WATERLOO-KITCHENER UNITED MENNONITE CHURCH

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Welcome to our worship service. May you be blessed as you meet God and be empowered for the week ahead.

Sunday, March 19, 2017 9:30 a.m.

Worship Leader: Vicki Dick

Speaker: Pastor Ben Cassels

Congregational Prayer: Karen Watson

Organ: Alison Enns

Scripture Readers: Karl Dick

Children's Time: Hilda Krotz

Children are welcome in the worship service or parents may supervise young children in the Nursery along the Administration Hallway.

Worship Focus: *We are all thirsty people who long for many things. God is willing to quench our thirst with a spring that will never run dry.*

Gathering

Gathering Hymn: "Come, let us all unite to sing"

HWB # 12

Words of Welcome

Work and Care of the Church

Call to Worship

Leader: In a dry and weary land,

People: restore us, O God.

Leader: Parched and depleted,

People: restore us, O God.

Leader: Longing for your living water,

People: restore us, O God.

Leader: We thirst.

Receive our worship as a sign of our yearning for you.



Prayer of Invocation

Hymn: "O let all who thirst"

HWB # 495

Prayer of Confession and Words of Assurance

Leader: O God, you are the living Water. You restore us to life.

We confess that in the desert moments of our lives
we forget your faithfulness.

Our bodies grow tired; our hearts dry up.

Our minds become clouded and we do not remember
that you are our deliverer.

People: When we see the dryness behind and before us,
we quarrel among ourselves and burden one another.
We cry out: “Is the Lord even among us?”

Leader: Forgive us, O Lord,
for in the harshness of life’s desert journey
we quickly focus on ourselves.
We forget that you have been,
you are,
and you will forever be our deliverer.

People: Restore in us a remembering spirit,
that we may hope in you again.
Renew our hearts, O Lord.
Make us generous in our praise,
that we may worship you anew!

(Pause for silent confession)

Leader: God, our living Water,

All: *restore us.*

Leader: Let all who thirst, come.
Come and drink from the living Water.
Let all who have nothing, come to the Lord.
Come – without money or price.
Come and draw freely from the well of our Lord,
which will never run dry.



Hearing God’s Word

Scripture I: Exodus 17: 1-7 (Old Testament) page 49

Hymn: “We worship God the Rock” STJ # 28
(Children come forward on the last verse)

Time with the Children

Song of Blessing: “The Lord lift you up” STJ # 73

Congregational Prayer/Lord’s Prayer

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.



Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power, and the glory are yours
now and forever. Amen.

Offering

Hymn: "Alleluia"

STJ # 41

Scripture II: John 4: 5 - 26 (New Testament)

page 72

Sermon: "We Thirst"

Responding to the Story

Hymn of Response: "Rain down"

STJ # 49

Lenten Ritual: Come and Drink

Theme Song: "You are all we have"

STJ # 29

Benediction

Welcome to our visitors! We hope our time of worship has been an encouragement to you. Please sign our guest book in the front foyer.
God bless you and we hope to see you again!



TODAY AT W-K

- 9:30 a.m. Worship in the Sanctuary
- 10:00 a.m. **No Sunday School for Children and Youth**
- 10:30 a.m. Coffee Break
- 10:45 a.m. Adult Sunday School: Part 2 of the Spirituality Wheel with Pastor Ben.

Next Sunday – March 26, 2017

Lent 4

9:30 a.m.	<i>Worship Service</i>	<i>Patricia Wagler</i>
	<i>Prayer and Anointing as part of our Worship</i>	
Lectionary	<i>1 Samuel 16: 1-13</i>	<i>Psalms 23</i>
Readings:	<i>Ephesians 5: 8-14</i>	<i>John 9: 1-41</i>
10:00 a.m.	<i>Sunday School for Children and Youth</i>	
10:30 a.m.	<i>Coffee Break</i>	
10:45 a.m.	<i><u>Adult Sunday School:</u> Patricia Wagler will lead us through Spiritual Labyrinth – join us in the gym.</i>	
Noon	<i>Youth Event in the gym</i>	
7:00 p.m.	<i>WMH Annual Meeting in the gym</i>	
7:30 p.m.	<i>W-KUM Congregational Meeting</i>	

CHURCH FAMILY NOTES CONGREGATIONAL NOTES



Church Office Hours

Tuesday	9:00 a.m. to 1:00 p.m.
Wednesday to Friday	9:00 a.m. to 3:00 p.m.

Please note that Katharine will be out of the office on Friday, March 24th. Anything for the bulletin should be submitted to the office by 3:00 pm. on Wednesday, March 22nd. Thanks for your consideration.

Parish Nurse Clinic Hours

Waterloo Mennonite Homes – Tuesday 9:30 – 10:30 a.m.

Waterloo-Kitchener United Mennonite Church – 11:00 a.m. - Noon

Financial Report: Thank you for your offering of March 12th

Welcoming our Neighbour signs have arrived at the church. If you would like one, they can be found on the table in the lobby. There is a suggested donation of \$10 each. Please put your donation into an envelope and drop it through the mail slot in the office door.

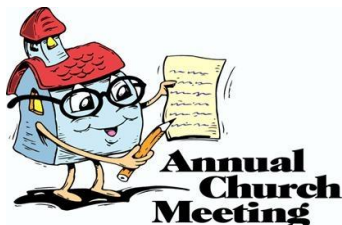
This Week at W-K

Tuesday, March 21	9:30 – 11:00 a.m.	Men's Bible Study - Lounge
	Noon	Silver Spoons
	1:00 p.m.	Knotty Knotters - Basement
	6:00 p.m.	IMCC Rehearsal
	7:00 p.m.	Women's Bible Study
Wednesday, March 22	9:00 a.m. – Noon	Mission Circle
	10:00 a.m.	Belonging Place
	12:30 p.m.	Nordic Pole Walking - gym
	2:30 – 4:00 p.m.	Ladies Bible Study - Lounge
	7:00 p.m.	Visioning Team - Lounge
	7:30 p.m.	Jubilation Chorus Rehearsal
Thursday, March 23	10:00 a.m.	WALC - gym
Friday, March 24	8:00 a.m. – 4:00 p.m.	Gym Rental
	6:00 p.m.	Good Friday Choir Rehearsal

Men's Lenten Bible Study continues to meet in the lounge on Tuesday mornings through to April 11th from **9:30 – 11:00 a.m.** (Please note the time change.) Karl Dick will lead the study this coming week.



Women's Lenten Bible Study continues to meet in the lounge on Wednesday afternoons through to April 12th from 2:30 – 4:00 p.m. The study is entitled "*Faith Travels*" by Marlene Kropf. All women of the congregation are invited to participate. Please contact Gloria Dirks for more information.



The Annual Meeting for Waterloo Mennonite Homes will be held here at WKUM Church on Sunday, March 26, 2017 at 7:00 pm followed by a WKUM congregational meeting. All are welcome and encouraged to attend.

The next Church Supper will be held on Thursday, April 6 at 6:00 p.m. Come for good food and fellowship. Entertainment for the evening will be provided by "The Quintessentials", a men's quintet. Please sign up on the



Courtyard window.

W-KUM Church will host a Good Friday choral service on



Friday, April 14th at 10:00 a.m. The congregations of Erb Street and Waterloo North will join us. There will be a combined choir for this service, under the direction of Marg Hull, with accompaniment by Jan Overduin. Members from all churches are invited to be part of the choir. Rehearsals will be held here at W-K on March 24th, March 31st and April 7th from 6:00 – 7:00 p.m.

Women of MCEC invite women of all ages to St. Jacob's Mennonite Church on Saturday, April 22, 2017 for Spring Enrichment Day.



Women's Fellowship

The theme is Women Talk – Body and Soul with guest speaker, Carol Penner. Cost for the day is \$30 including lunch. A poster and registration forms are posted on Bulletin Board # 4. Please see Gloria Dirks for more information.

George Street Fellowship is sponsoring the annual WKUM Baseball Day



on Saturday, April 29th. The Jays will take on the Tampa Bay Rays. Over 30 persons have expressed interest in the tickets and now it is time to make the final decision by paying for them. There are still additional seats available so if you haven't contacted John Enns as yet, please do so as soon as possible. John will soon need the numbers for restaurant

reservations also. Do you have any other names that should be added to the list of potential fans? Any questions? Contact John Enns

The Knotty Knotters will continue to meet in the Basement through the spring. Please mark your calendars for the following:

March 21, April 4, 18, May 2, 16, 30 and June 13

The Quilting Group will meet on the alternate Tuesdays. All ladies are welcome to come and join in.



CHILDREN, YOUTH AND YOUNG AT HEART

W-K will be hosting the youth groups from Waterloo North and Erb Street Churches for an open gym event on Sunday, March 26th from 12:00 Noon to 2:00 p.m. We are going to play a variety of games in the gym and have a pizza lunch as well. If you have any questions please contact david.a.harder@gmail.com

HEALTH AND WELLNESS

Our W-K Lenten Pilgrimage:



Our W-K Lenten Pilgrimage – we begin **Week 3** of our pilgrimage this Sunday. Our worship theme: Restore us, O God...We thirst.

In our first week of pilgrimage, we met **25** other W-K Pilgrims on our journey. Together we reached a total of **2095** Kilometers! Congratulations!

It is not too late to joins us. This journey of faith and fitness is designed for all ages – everyone can participate. Throughout the 6 weeks of Lent we will follow in Jesus' footsteps as his journey is described in John's gospel. If you still need a copy of the

"Pilgrims Guide" or you need another copy, please ask Karen Watson, Parish Nurse.

The box will be at the back of the sanctuary each week for you to deposit your **weekly total kilometers**. You can also submit your kilometers by email to parish.nurse@wkumchurch.ca Watch the display in the courtyard entrance as it changes. Note our weekly totals and pictures of the Holy Land taken by members of the congregation.

Weekly opportunities for physical activity:

- **WALC fitness class** – each Thursday in the church gym from 10:00 – 11:00 a.m.
- Pole Walking or regular walking in the gym – each Wednesday from 12:30 - 2:00 p.m. You may join this walk with or without poles – just come out and enjoy. All are welcome.

Community Health and Wellness Events:

- Information and Active Living Fair at the Breslau Community Centre, 100 Andover Street in Breslau will be held Tuesday, March 28th from 9:00 a.m. – 1:30 p.m. Please register by March 24th at 519-664-1900 for the free lunch. A panel discussion will be held – Aging Well and Age Friendly Community.
- PEP Talk: Take Charge of Your Diabetes – on March 28th and May 23rd. To register or for information please call 1-866-337-3318
- Alzheimer Society has many programs for education and support of families living with dementia. New Spring programs will start soon. If you would like more information, ask Karen Watson or see the Program Guide on the Health and Wellness bulletin board.
- Supporting your Child Living with Anxiety and Depression will be held on Thursday, March 30th from 6:30 – 9:30 p.m. at the Woolwich Health Centre in St. Jacobs. Please call 519-664-3794 to register.
- Parenting with Passion: Children and Stress will be held on Thursday, March 30th from 6:30 – 8:30 p.m., at the Grow Community Centre in Cambridge. Please call 519-884-0000 to register.
- Laurier Association for Lifelong Learning presents – An Introduction to Death and Dying with Matthew Bailey-Dyck. The sessions will be held on Wednesdays from April 5th to May 9th from 1:30 – 3:20 p.m. The cost is \$70. To register or for more information, please contact lall@wlu.ca or call 519-884-0710 Ext. 4628.

WIDER CHURCH AND COMMUNITY



Conrad Grebel presents “The Music Man” on March 24th and 25th at The Conrad Centre for the Performing Arts, 36 King Street West in Kitchener. There will be three performances. Tickets are available from Conrad Grebel main office (519-885-0220); at

<http://uwaterloo.ca/grebel/themusicman> or at the door. See the poster on Bulletin Board # 4.

Menno Singers presents Bach’s St. John Passion with Nota Bene Baroque Players, soloists Sheila Dietrich, Laura Pudwell, Steve Surian, Daniel Lichti and Bud Roach under the direction of Peter Nikiforuk. The concert will be Saturday, March 25th at 7:30 p.m. at St. Peter’s Lutheran Church, 49 Queen Street North in Kitchener. See the poster on Bulletin Board # 4.



A Pilgrimage Coffee House and Art Show fundraiser will take place at Stirling Avenue Mennonite Church on Friday, March 24 from 7:00 – 9:00 pm. Come out for a fun evening of music and a silent art auction, with performances by Laura Enns and other local musicians. This fundraising event is free of charge. Donations welcome to the Missions Bequest Fund designated for the Pilgrimage for Indigenous Rights, and will be receipted. Money from the silent art auction will go to help support the walkers (but will not be receipted)."

Singing with our Neighbours – Building Peace through Word and Song

is Inshallah's annual celebration joining with local groups of various cultures and faiths. This year we feature Inshallah Kids, The Good Hearted Women Singers, and Crossing Borders. The concert will take place at Waterloo Collegiate Institute, 300 Hazel Street Waterloo on Sunday, March 25th at 3:00 p.m. A free-will offering will be taken. Poster on Bulletin Board # 4.

The Wayne Gilpin Singers present *Thine is the Glory: Celebrating the power and glory of Easter* on Saturday, April 1st at 8:00 p.m. at St. John The Evangelist Church, 23 Waterloo Street North in Kitchener. Tickets are \$20 for adults and \$15 for students or seniors. Please see the poster on Bulletin Board # 4.

**PILGRIMAGE
FOR
INDIGENOUS
RIGHTS**

You are invited to join Mennonites from K-W and across Canada for part or all of the Pilgrimage for Indigenous Rights, walking from Kitchener to Ottawa from April 23 - May 14. The Opening Ceremony and Celebration will take place at Stirling Avenue Mennonite Church in Kitchener at 1:30 pm on April

23. Anyone who wishes may then join the walkers on the first leg of the journey, walking to Cambridge. If you're joining the Pilgrimage for more than a day, registration is required through www.pfir.ca by March 31.

Divest Waterloo and The Peace Hub at UW's Centre for Peace Advancement are hosting [The Age of Consequences](#) film screening on Tuesday, March 28th from 6:30-9:30pm, at Conrad Grebel University, 140 Westmount Road North in Waterloo. Following the screening, representatives from Project Plowshares will join a panel that includes Rick Cober Bauman, Executive Director of Mennonite Central Committee Ontario, and Dr. Simon Dalby, CIGI Chair in the Political Economy of Climate Change at the Balsillie School of International Affairs, to discuss building peace in an era of ecological crises. Registration is free at

Eventbrite – details are available at DivestWaterloo.ca/Events.
See the poster on Bulletin Board # 4.



Join Pastors in Exile (PiE) for a chance to study the fine art of pie baking! A Pie Baking Class will be held on Wednesday, March 29th from 4:30-6:30 p.m. at St. John's Kitchen, 97 Victoria Street North in Kitchener. Bring an apron and rolling pin if you can, hone your skills, and leave with a pie to take home. Any new monthly donors to PiE will also receive a

pie if you sign up to donate on the PiE website before March 29th at www.pastorsinexile.org.

Dinner and a Movie Night at Rockway Mennonite Church.

Join us on Saturday, April 8, 2017 for dinner at 5:30 p.m. and movie beginning at 7:00 p.m. Cost is \$15. For reservations contact the church office at office@rockwaymc.ca or 519-226-476-2500, ext. 715 (temp. office at MCEC). This year's film has been called "a parable of hope." Set in Nazi-occupied Eastern Europe during World War II, the film is at turns humourous and sad, suspenseful and poignant, preposterous and redemptive in its exploration of the sometimes ridiculous, sometimes tragic clash between evil and goodness. See the poster on Bulletin Board # 4.

Shalom Counselling Services has sent us an employment opportunity.

You can see more on Bulletin Board # 5.



Restore us, Oh God Lent-Easter 2017

The following are our activities for Lent and Easter.

Men's Lenten Bible Study Group. All men are invited to attend this group that will be held in the Lounge during the Lenten period each Tuesday morning until Tuesday, April 11th, from 9:30 – 11:00 a.m. The focus will be on “Spiritual Gifts” from a study by the same name. Leadership will be provided by different members of the group. All men are invited to participate. For additional information, please see Ben Stobbe.

Women's Lenten Bible Study, will meet on Wednesday afternoons in Lent through to Wednesday, April 12th from 2:30 – 4:00 p.m. The study material is an MCEC resource booklet entitled, “*Faith Travels*” by Marlene Kropf. All women of the congregation are invited to attend. Please see Gloria Dirks for more details.

Palm Sunday – Sunday, April 9th at 9:30 a.m. – Worship Service
Our speaker will be Erin Wildsmith



Good Friday Choral Service

Friday, April 14th at 10:00 a.m. at W-KUM. This is a combined service with W-KUM, Erb Street and Waterloo North congregations. W-K will host this event. Join the combined choir for this service. Rehearsals are scheduled for March 24th, 31st and April 7th from 6:00 – 7:00 p.m. at W-KUM Church.

Easter Sunday – Sunday, April 16th at 9:30 a.m.
Worship with Communion
Speaker – Pastor Ben Cassels
Paska in the gym following the service

