

Sunday, April 2, 2017

Lent 5

Restore us, O God:

We Breathe



VOL. 30 NO. 14

WATERLOO-KITCHENER UNITED MENNONITE CHURCH

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Welcome to our worship service. May you be blessed as you meet God and be empowered for the week ahead.

Sunday, April 2, 2017 9:30 a.m.

Worship Leader: Karl Dick

Speaker: Pastor Ben Cassels

Congregational Prayer: Rev. Ed Janzen

Organ: Karen Enns Choir: Laura Enns

Scripture Readers: Henry Epp, Karl Dick

Children's Time: Erika Tubb

Children are welcome in the worship service or parents may supervise young children in the Nursery along the Administration Hallway.

Worship Focus: *When God breathes life into us, we are restored.*

Gathering

Gathering Hymn: "O worship the King"

HWB # 66

Words of Welcome

Work and Care of the Church

Call to Worship

Leader: Come. Bring your weary bones and your crushed souls.

All: Now is the time to worship the life-giving Spirit.

Leader: Come. Bring your dashed hopes and broken dreams.

All: Now is the time to worship the life-giving Spirit.

Leader: Come. Bring your heavy sorrow and lingering sadness.

All: Now is the time to worship the life-giving Spirit.

Leader: Bring all that you have and all that you are.

The Spirit is here to breathe life into all that is lifeless.

Prayer of Invocation

Hymn: "Spirit of the living God"

HWB # 517



Prayer of Confession and Words of Assurance

Leader: God, we confess that when we look into the valleys of our lives, we are tempted to fix our gaze on the remnants of our past.
We see the dry bones, and we doubt in our minds –
“Will these bones ever live?”

**People: But in the midst of our doubt,
we proclaim that you are the life-giving Spirit.
You breathe new life into all that is dead.**

Leader: For you, O God, raised up the dry bones in the valley.
Your Son, Jesus, brought Lazarus out from the tomb,
and your Spirit lifted anew the hearts of the disciples.

All: *Blow your mighty wind into the hollow chambers of our hearts, that we may never settle for death but rise again as your beloved people.*

(Pause for silent confession)

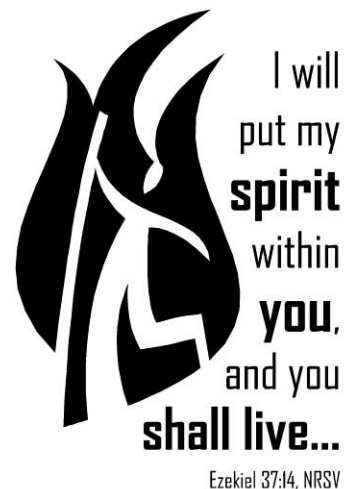
Leader: God, holy Breath,

All: *restore us.*

Leader: But with you there is forgiveness, so that we can, with reverence, serve you, once more.

Our whole selves waited for you, O Lord,
and you answered us. In you there is
unfailing love and full redemption.

You redeem us from all our sins. Amen.



Hearing God's Word

Scripture I: Ezekiel 37: 1-14 (Old Testament) page 625

Hymn: *“Holy Spirit, come with power”* HWB # 185
(Children come forward on the last verse)

Time with the Children

Song of Blessing: *“The Lord lift you up”* STJ # 73

Congregational Prayer/Lord's Prayer

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power, and the glory are yours
now and forever. Amen.



Offering

Anthem and Lenten Ritual: Breathing and Singing

Spirit Wind

Spirit Wind Author: Scott Soper, b. 1961 Publication Date: 2004 Copyright: © 1997,
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Scripture II: John 11: 17-45 (New Testament) page 80

Sermon: **“We Breathe”**

Responding to the Story

Hymn of Response: *“O Breath of Life”* **STJ # 35**

Theme Song: *“You are all we have”* **STJ # 29**

Benediction

Welcome to our visitors! We hope our time of worship has been an encouragement to you. Please sign our guest book in the front foyer.
God bless you and we hope to see you again!

TODAY AT W-K

- 9:30 a.m. Worship in the Sanctuary
- 10:00 a.m. Sunday School for Children and Youth
- 10:30 a.m. Coffee Break
- 10:45 a.m. Adult Sunday School: Pastor Ben will continue with the Spirituality Wheel Series.

Next Sunday – April 9, 2017

Lent 6 – Palm Sunday



9:30 a.m. *Worship Service* *Erin Wildsmith*
Lectionary *Romans 5: 3-5* *Matthew 21: 1-11*

Readings:

10:00 a.m. *Sunday School for Children and Youth*
10:30 a.m. *Coffee Break*
10:45 a.m. *Adult Sunday School*: *Pastor Ben will continue with the Spirituality Wheel Series.*

**CHURCH FAMILY NOTES
CONGREGATIONAL NOTES**



Church Office Hours

Tuesday 9:00 a.m. to 1:00 p.m.
Wednesday to Friday 9:00 a.m. to 3:00 p.m.

Note: Healthy Reflections for April is in your mailbox today

Parish Nurse Clinic Hours

Waterloo Mennonite Homes – Tuesday 9:30 – 10:30 a.m.

Waterloo-Kitchener United Mennonite Church – 11:00 a.m. - Noon

Financial Report: Thank you for your offering of March 26th and for the pre-authorized withdrawal offering of March 27th

This Week at W-K

Tuesday, April 4	9:30 – 11:00 a.m.	Men’s Bible Study - Lounge
	Noon	Silver Spoons
	1:00 p.m.	Knotty Knotters - Basement
	6:00 p.m.	IMCC Rehearsal
	7:00 p.m.	Women’s Bible Study – Youth Rm
Wednesday, April 5	9:00 a.m. – Noon	Mission Circle
	10:00 a.m.	Belonging Place
	12:30 p.m.	Nordic Pole Walking - gym
	2:30 – 4:00 p.m.	Ladies Bible Study - Lounge

	7:30 p.m.	Jubilation Chorus Rehearsal
Thursday, April 6	10:00 a.m.	WALC - gym
	6:00 p.m.	Church Supper
Friday, April 7	1:00 p.m.	House of Friendship
	6:00 p.m.	Good Friday Choir Rehearsal
	7:00 p.m.	IMCC meeting - Lounge

Men's Lenten Bible Study continues to meet in the lounge on Tuesday mornings through to April 11th from **9:30 – 11:00 a.m.** John Cornies will lead the study this coming week.



Women's Lenten Bible Study continues to meet in the lounge on Wednesday afternoons through to April 12th from 2:30 – 4:00 p.m. The study is entitled "*Faith Travels*" by Marlene Kropf. All women of the congregation are invited to participate. Please contact Gloria Dirks for more information.



The next Lunch Bunch is on Wednesday, April 5th at 12:30 p.m. We will meet at Cora's in Waterloo Square. All women are welcome. Come and enjoy the fellowship.

The next Church Supper will be held on Thursday, April 6 at 6:00 p.m. Come for good food and fellowship. Entertainment for the evening will be provided by "The Quintessentials", a men's quintet. Please sign up on the Courtyard window.



W-KUM Church will host a Good Friday choral service on Friday, April 14th at 10:00 a.m. The congregations of Erb Street and Waterloo North will join us. There will be a combined choir for this service, under the direction of Marg Hull, with accompaniment by Jan Overduin. Members from all churches are invited to be part of the choir. Rehearsals will be held here at W-K on March 24th, March 31st and April 7th from 6:00 – 7:00 p.m.



Women of MCEC invite women of all ages to St. Jacob's Mennonite Church on Saturday, April 22, 2017 for Spring Enrichment Day. The theme is Women Talk – Body and Soul with guest speaker, Carol Penner. Cost for the day is \$30 including lunch. A poster and registration forms are posted on Bulletin Board # 4. Deadline for registration is April 12th. Please see Gloria Dirks for more information.



Women's Fellowship

The Knotty Knotters will meet in the Basement on April 4th. All ladies are welcome to come and join in.



CHILDREN, YOUTH, YOUNG ADULTS AND YOUNG AT HEART

Inter-Church Youth Event: Sunday, April 30th will be the last formal youth get together between W-K, Waterloo North and Erb Street until September. To honour such an occasion we will be having an epic Uptown Waterloo photo scavenger hunt. Please arrive at WK at noon or shortly thereafter. Bring your own picture taking device and weather appropriate clothing for this adventure. Plan for a 2:00 pm pick-up at W-K.



HEALTH AND WELLNESS

Our W-K Lenten Pilgrimage:



Our W-K Lenten Pilgrimage – we begin **Week 5** of our pilgrimage this Sunday. Our worship theme: Restore us, O God...We Breathe.

Throughout Lent we are following in Jesus' footsteps as his journey is described in John's gospel. This week we reflect on being alive – breathing deeply of God's grace and life-giving love.

In our third week of pilgrimage, we met **31** other W-K Pilgrims on our journey – together we travelled a total

of **2,210** kilometers! It is not too late to join us. This journey of faith and fitness is designed for all ages – everyone can participate. The box will be at the back of the sanctuary each week for you to deposit your **weekly total kilometers**. You can also submit your kilometers by email to parish.nurse@wkumchurch.ca Watch the display in the courtyard entrance as it changes. Note our weekly totals and pictures of the Holy Land taken by members of the congregation.

Weekly opportunities for physical activity:

- **WALC fitness class** – each Thursday in the church gym from 10:00 – 11:00 a.m.
- Pole Walking or regular walking in the gym – each Wednesday from 12:30 - 2:00 p.m. You may join this walk with or without poles – just come out and enjoy. All are welcome.

Community Health and Wellness Events:

- Laurier Association for Lifelong Learning presents – An Introduction to Death and Dying with Matthew Bailey-Dyck. The sessions will be held on Wednesdays from April 5th to May 9th from 1:30 – 3:20 p.m. The cost is \$70. To register or for more information, please contact lall@wlu.ca or call 519-884-0710 Ext. 4628.
- Heart Healthy Day – to be held on April 22nd in Cambridge at St. Benedict's Catholic Secondary School, 50 Saginaw Parkway from 7:30 a.m. – 1:00 p.m. Various topics on Heart Health and Diabetes with a cardiologist and diabetes specialist. No admission – please call 519-624-3511 to register if you plan to attend.
- Falls and Fracture Prevention – to be held on April 29th at the University of Waterloo Applied Health Sciences Building from 9:00 a.m. to 12:30 p.m. Local medical experts in the field of osteoporosis, fracture prevention and bone health will be in attendance. This is a free event – please register by calling 519-743-5201 Ext. 233.

WIDER CHURCH AND COMMUNITY



Cambridge Male Chorus:

Join the George St. Fellowship for an evening of great male chorus singing presented by the Cambridge Male Chorus. Also, sing along with our Sing-along Band, relax to the sounds of the Hot Air Quartet and enjoy a variety of individual and small vocal ensembles. To top it off, you'll

be delighted with our refreshments and home-made desserts. A great evening of music, food and fun! The concert will be held on Friday, April 21st and Saturday, April 22nd at 7:00 p.m. at Maranatha Christian Reformed Church, 94 Elgin Street South in Cambridge. See John Reimer or Paul Enns for tickets. There are posters up around the church.

Join PiE and Stirling Ave. MC for a soup supper and conversation about the ancient spiritual practice of pilgrimage – Finding our Way: Stories of Pilgrimage on Sunday, April 2nd, from 6:00 – 8:00 p.m. at Stirling Avenue Mennonite Church. Karen Cornies (SLMC director) will be reflecting both on the spirituality of walking and her experiences on the Camino de Santiago. If you plan to attend, please email tamara@pastorsinexile.org.

Dinner and a Movie Night at Rockway Mennonite Church.



Join us on Saturday, April 8, 2017 for dinner at 5:30 p.m. and movie beginning at 7:00 p.m. Cost is \$15. For reservations contact the church office at office@rockwaymc.ca or 519-226-476-2500, ext. 715 (temp. office at MCEC). This year's film has been called "a parable of hope." Set in Nazi-occupied Eastern Europe during World War II, the film is at turns humourous and sad, suspenseful and poignant, preposterous and redemptive in its exploration of the sometimes ridiculous, sometimes tragic clash between evil and goodness. See the poster on Bulletin Board # 4.

Stories and Songs, an evening to celebrate Canadian Mennonite magazine.

All are welcome to attend Canadian Mennonite's annual fundraising banquet on Saturday, April 22nd beginning at 6:00 p.m. at Floradale Mennonite Church. Following dinner, there will be a program of music, biblical storytelling and stories from Canadian Mennonite's new Executive Editor Virginia Hostetler and special guests. RSVP by April 15 to alexandra.LT.siebert@gmail.com or call 343-262-1002. Freewill offering. Receipts will be issued for donations above \$30 per person.

The Pilgrimage for Indigenous Rights is a 600 km walk from Kitchener to Ottawa, promoting conversation around the UN Declaration for the Rights of Indigenous People. You are invited to join us on the first day of the Pilgrimage, Sunday, April 23, 1:30 pm for the Opening Ceremony & Celebration, at Stirling Ave. Mennonite Church (57 Stirling Ave. N, Kitchener) At 2:30, anyone who wishes is invited to join the walkers on the



first leg of the journey, walking part or all of the way to Cambridge. (Please bring what you need for the walk and make any necessary arrangements for return transportation.) For more information on the April 23 event, please contact josie@stirlingmennonite.ca For the Pilgrimage For Indigenous Rights, organized by Mennonite Church Canada and Christian Peacemaker Teams, please see www.pfir.ca Poster on Bulletin Board # 4.

NEW HAMBURG MENNONITE RELIEF SALE PROMOTION DINNER will



New Hamburg
Mennonite
Relief Sale

be held at Bingeman's on Monday, April 24th. Tickets are now available. The guest speaker is Rachelle Friesen who will be speaking about "Palestine/Israel- Where do we go from here?" Ticket price is \$10. Tax receipts issued for contributions above the ticket price. Please contact Henry Epp at 519-885-6075 for tickets. Advance ticket sales only.

Loved by God and empowered by the Holy Spirit, we follow Jesus Christ.
As a welcoming Mennonite community,
we worship God, nurture each other
and extend God's love and peace to all.



Restore us, Oh God Lent-Easter 2017



Palm Sunday – Sunday, April 9th at 9:30 a.m.
Our speaker will be Erin Wildsmith



Good Friday Choral Service

Friday, April 14th at 10:00 a.m. at W-KUM. This is a combined service with W-KUM, Erb Street and Waterloo North congregations. W-K will host this event. Join the combined choir for this service. Rehearsals are scheduled for March 24th, 31st and April 7th from 6:00 – 7:00 p.m. at W-KUM Church.

Easter Sunday – Sunday, April 16th at 9:30 a.m.

Worship with Communion
Speaker – Pastor Ben Cassels
Paska in the gym following the service

