## Sunday, January 29, 2017 We nurture each other in our Middle Years



VOL. 30 NO. 5

#### WATERLOO-KITCHENER UNITED MENNONITE CHURCH

15 George Street, Waterloo, ON N2J 1K6

Telephone: 519-578-0660

E-mail: office@wkumchurch.ca www.wkumchurch.ca

Staff: Pastor Ben Cassels

E-mail: <u>ben@wkumchurch.ca</u> Phone: 519-588-0939 Karen Watson - Parish Nurse — <u>parish.nurse@wkumchurch.ca</u>

Phone: 519-578-0660, then press 2 when voice mail picks up

David Harder - Christian Education Program Assistant - <a href="mailto:david.a.harder@gmail.com">david.a.harder@gmail.com</a>

Katharine Borch – Office Administrator – office@wkumchurch.ca

Andrew Tubb - Church Custodian - andrewtubb@gmail.com

# Welcome to our worship service. May you be blessed as you meet God and be empowered for the week ahead. Sunday, January 29, 2017 9:30 a.m.

Worship Leader: Hilda Krotz Speaker: Pastor Ben Cassels

Congregational Prayer: Pastor Ben Cassels Organ: Karen Enns

Scripture Reader: Congregation Children's Story: Hilda Krotz

Children are welcome in the worship service or parents may supervise young children in the Nursery along the Administration Hallway.

Worship Focus: Our mission statement says, in part,

"...we nurture each other ... "

How do we be a community of faith that nurtures each other, specifically, in the middle years of our lives? When we are in our middle years, how are we called to nurture others?

#### **Prelude**

#### **Gathering**

Words of Welcome

Work and Care of the Church

#### **Call to Worship**

Leader: Day by day, God leads us:

People: to the deep, deep pools of

peace,

to the green, lush lawns of

grace.

Leader: Day by day, Jesus calls us:

People: to pour out ourselves in

service,

to anoint the stranger with hope.

Leader: Day by day, the Holy Spirit shows us:

People: the community we could be,

the family we are called to become.

#### Invocation

Hymn of Praise: "The King of love my shepherd is"

HWB # 170

#### Confessing

Scripture I:

John 13: 34-35 Read together:

I give you a new commandment, that you love one another. Just as I have loved you, you also should love one another.

By this everyone will know that you are my disciples,

If you have love for one another.

Confession of Sin

Assurance of forgiveness

"Nothing is lost on the breath of God"

STS # 121

(Children come forward on the last verse)

#### **Hearing God's Word**

Children's Story

Song of Blessing: "Jesus loves me"

HWB # 341

Congregational Prayer/Lord's Prayer

Our Father in heaven,

hallowed be your name,

your kingdom come,

your will be done,

on earth as in heaven.

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Save us from the time of trial

and deliver us from evil.

For the kingdom, the power, and the glory are yours now and forever. Amen.

Offering/Offering Prayer

Hymn: "Will you let me be your servant" vs. 1-5 HWB # 307

Scripture II: 1 John 3: 14-23 (New Testament) page 188

"Called to Love" Sermon:

**Responding and Sending** 

Hymn of Response: "Help us to help each other"

HWB # 362

Benediction

Postlude

Welcome to our visitors! We hope our time of worship has been an encouragement to you. Please sign our guest book in the front foyer. God bless you and we hope to see you again!

#### **TODAY AT W-K**

9:30 a.m. Worship in the Sanctuary

10:30 a.m. Coffee Break

10:45 a.m. Adult Sunday School: We are looking at the reformers who

worked with the Roman Catholic Church prior to the

Reformation, bringing about some of the needed changes.

Two, at least, were burned at the stake.

Noon -2:00 p.m. Youth in the gym.

#### Next Sunday - February 5, 2017

#### We Nurture Each Other

9:30 a.m. Worship Service Pastor Ben Cassels

Lectionary Luke 18:15-17 1 Samuel 3:1-18

Readings:

10:00 a.m. Sunday School for Children and Youth

10:30 a.m. Coffee Break

Noon Lunch in the gym

1:30 p.m. Annual Meeting in the gym

#### **CHURCH NOTES**

#### **CONGREGATIONAL NOTES**



#### **Church Office Hours**

Tuesday 9:00 a.m. to 1:00 p.m. Wednesday to Friday 9:00 a.m. to 3:00 p.m.

#### **Parish Nurse Clinic Hours**

Waterloo Mennonite Homes - Tuesday 9:30 - 10:30 a.m.

Waterloo-Kitchener United Mennonite Church - Thursday 11:00 a.m. - Noon

<u>Financial Report</u>: Thank you for offering January 22<sup>nd</sup> and for the preauthorized withdrawal offering of January 25<sup>th</sup>

This Week at W-K		
Monday, January 30	9:00 a.m.	Parish Nurse Network - Lounge
Tuesday, January 31	Noon	Silver Spoons
	1:00 p.m.	Quilting Group - Basement
	5:30 p.m.	H&W Education – Karen's office
	6:00 p.m.	IMCC Rehearsal
	7:00 p.m.	Women's Bible Study – Rm 7
Wednesday, February 1	9:00 a.m. – Noon	Mission Circle
	9:00 a.m. – 3:00 p.m.	Mennonite Spiritual Directors
Thursday, February 2	9:00 a.m.	WMH Elevator Group - Lounge
	10:00 a.m.	WALC - gym
	6:00 p.m.	Church Supper
Friday, February 3	1:00 p.m.	House of Friendship
Saturday, February 4	9:00 a.m. – Noon	MCEC Women's Breakfast and Meeting
Sunday, February 5	1:30 p.m.	Annual General Meeting - gym

<u>The Quilting Group</u> will meet in the Basement on Tuesday, January 31<sup>st</sup> to continue working on their lovely gray and white quilt. <u>Knotty Knotters</u> will meet next on Tuesday, February 7<sup>th</sup>. Meeting time is 1:00 p.m.



<u>The Lunch Bunch</u> will meet on February 1<sup>st</sup> at 12:30 p.m. at <u>Kypreos</u> Restaurant, 305 Lancaster Street West in Kitchener. Come and enjoy a relaxed meal and good conversation. All women are welcome to join us. For more information please contact Rita Reimer

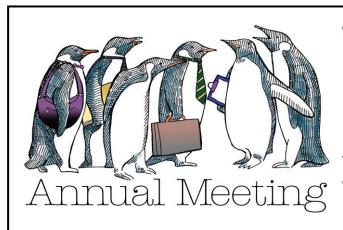
<u>Church Supper</u> - Sign up on the lobby window for our next supper to be held on <u>Thursday</u>, <u>February 2<sup>nd</sup></u>. After a hearty meal of soups and breads the guest speaker will be Alfred Rempel, sharing what he has recently learned about the health benefits of a plant-based diet. We hope a few folks will add their knowledge to this discussion with time planned for

questions and comments.



<u>WMCEC KW Cluster Breakfast</u> - Christina Edmiston will be presenting "Unblocking the River of Love" at the annual breakfast held here at W-KUM Church on <u>Saturday</u>, February 4<sup>th</sup> beginning at 9:00 a.m. – hosted by Rockway Mennonite Church. Tickets are \$10.00 and

are available from Gloria Dirks. <u>Today is the last day to purchase a ticket.</u> See the poster on Bulletin Board # 4 for more information.



Annual General Meeting: Every year we pause to give thanks for our work and life together of the past year and anticipate the Spirit's leading for the coming year. We will gather on Sunday, February 5<sup>th</sup> at Noon for a light lunch and begin our meeting at 1:30 p.m. All are invited to attend. The Annual Report booklet is in your mailboxes this morning.

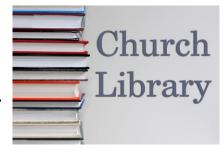
February is Potato Blitz month for the House of Friendship's food hampers and meals. The Community Outreach Team is challenging W-KUM to bring enough money or potatoes to total at least 300 pounds (consider \$4 per 10 lbs.). We will be collecting donations for the Potato Blitz on Sunday, February 5<sup>th</sup> and 12<sup>th</sup>.





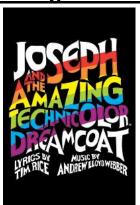
The Henry Bergen Memorial Roast Beef Dinner will take place this year on Sunday, February 19<sup>th</sup> beginning at 5:30 p.m. Funds raised will go to support the work of Mennonite Central Committee. Tickets are available from Walter Unrau, the church office or at the door. Adults \$18, Kids (5-16) \$10, Family rate (kids under 16) is \$50.

<u>Updating the library in the lounge</u> – come see the new arrangements! More books have been added to the tables in the hall this week. <u>ALL the</u> German language fiction books are available for the



next two weeks. After this time, they will be taken to Thrift Stores.

#### George Street Fellowship, Servettes and all WKUM friends:



Everyone is invited to the production of "Joseph and the AmazingTechnicolor Dreamcoat" at Dunfield Theatre, 46 Grand Avenue in Cambridge at 7:00 pm on Sunday, March 12, 2017. Tickets must be reserved by February 10, 2017. Contact person is Rita Reimer.

#### CHILDREN, YOUTH AND YOUNG AT HEART



W-K will be hosting the youth groups from Waterloo North and Erb Street Churches for an open gym event this afternoon from 12:00 Noon to 2:00 p.m. We are going to play a variety of games in the gym and have a pizza lunch as well. If you have any questions please contact David Harder.

#### **HEALTH AND WELLNESS**

#### **Health and Wellness Programs:**

Regular physical activity improves strength and balance, and decreases the risk for falls and dementia.

- WALC fitness class each Thursday in the church gym from 10:00 – 11:00 a.m.
- CANCELLED THIS WEEK, February 1<sup>st</sup> due to a group using the gym Pole Walking or regular walking in the gym resumes next Wednesday,
   February 8<sup>th</sup> from 12:30-2:00 p.m., You may join to the gym You may you want you wa

February 8<sup>th</sup> from 12:30-2:00 p.m. You may join this walk with or without poles – just come out and enjoy. All are welcome.

Wellness Circle - Tuesday, February 7<sup>th</sup> from 1:00 - 2:00 p.m. in the



church lounge. Let's Talk Diabetes with Heidi Fraser of the Canadian Diabetes Association.

Men Can Cook – last chance to register! Back again this year for 3 Fridays in February – the 10<sup>th</sup>, 17<sup>th</sup> and 24th beginning at 10:00 a.m. in the gym. Be sure to sign up on the sheets near the courtyard entrance before January 31<sup>st</sup>. Each week you will prepare two dishes: one sweet, one savoury. We will share a dish for lunch and there will be one for you to take home. A few of the highlights are sausage rolls, fruit cobbler, bacon, egg and cheese puffs, baklava and phyllo pizza.

Men, you do not want to miss out on the fun – cost is \$30 which is topped up by Health and Wellness Ministry.

## Some interesting sessions coming up at Woolwich Community Health Centre (St. Jacobs):

- PEP Talk: <u>Take charge of Your Diabetes</u>, on March 28<sup>th</sup> and May 23<sup>rd.</sup> To register or for information please call 1-866-337-3318
- <u>Vitamin Supplements What to take, what to skip</u>, on Friday, Feb. 3<sup>rd</sup> from 1:30-3:30 p.m. To register or for information call 1-866-337-3318
- Hearing Aid Information Monday, February 6<sup>th</sup> from 2:00 4:00 p.m.
   To register please call 519-664-3794
- Ambiguous Loss Support Group (for Care Partner of Person Living with Dementia); Thursdays, March 2 to March 23 from 1:30-3:00 p.m. Led by the Alzheimer Society. To register please call 519-742-1422

#### WIDER CHURCH AND COMMUNITY



<u>CELEBRATION OF MUSIC</u> A winter concert benefiting Sudanese refugees who remain in camps – featuring Jennifer Enns Modolo, mezzo soprano and pianist Lorin Shalanko. The concert will take place this afternoon

beginning at 2:00 pm at <u>St. James Lutheran Church, 60 Arthur Street in Elmira.</u> Tickets: \$20 Adults, \$15 Seniors, \$10 Children. See the poster on Bulletin Board # 4 for more information.

<u>Bach Vespers before Lent.</u> Spiritus Ensemble performs Bach Cantata 102, "Lord, your eyes look for faith" and the motet "Search me, O God" on Sunday, February 5, 2017 at 4:00 p.m. at The Church of St John the Evangelist, 23 Water Street North in Kitchener. The concert features

soloists Daniel Cabena, Steve Surian and Kirk Lackenbauer, with Kenneth Hull conducting. Admission is free, donations gratefully received.

<u>Menno Singers Family of Choirs</u>: Join song lead Mark Diller Harder and the Menno Singers Family of Choirs (Menno Singers, Menno Youth Singers and Inter-Mennonite Children's Choir) for an evening of vigorous hymn singing on the theme "**Be not Afraid.**" The event will be held on <u>Sunday, February 12<sup>th</sup> beginning at 7:00pm here at W-K</u>. Admission by donation.



<u>Kenneth Nafziger</u>, music professor at Eastern Mennonite University and music editor of Hymnal: A Worship Book, will visit Conrad Grebel University

College as the 2016-17 Bechtel Lecturer in Anabaptist-Mennonite Studies. Join us at several events to explore music and hymnody:

**Friday, February 3, 7:00 pm,** Grebel Great Hall - Public Lecture: "Melting the Boundaries of Our Being: Explorations in Singing Together"

**Saturday, February 4, 1:30 pm**, Grebel Chapel - Song Leaders' Workshop, part of the Anabaptist Learning Workshop series

**Sunday, February 5, 2:00 pm**, Grebel Chapel - Hymn Sing Complete details are available at <a href="https://www.grebel.ca/bechtel">www.grebel.ca/bechtel</a>

Conrad Grebel University College offers a <u>master's level program</u> in Theological Studies (MTS) open to students from a range of academic backgrounds. Students enrol in this program to prepare for a variety of careers including social services, chaplaincy, or pastoral ministry, to prepare for further graduate studies, or for personal enrichment. A key feature: all full-time Canadian students receive full tuition scholarships for the entire program. Application deadline is February 1, but applications may be considered after this date. More information please visit www.grebel.ca/ts<a href="https://www.grebel.ca/ts">http://www.grebel.ca/ts</a>

### TROCKWAY MENNONITE COLLEGIATE

#### **SCREENAGERS Documentary and Discussion**

Parents: Do you struggle with how much access to technology to provide your children? Come and watch this ground-breaking film and join the discussion - made possible through the thoughtful support of MCEC. Date is February 9<sup>th</sup> beginning at 7:00 p.m. at Rockway Mennonite Collegiate. Please RSVP at <a href="https://www.rockway.ca">www.rockway.ca</a>.

Loved by God and empowered by the Holy Spirit, we follow Jesus Christ.

As a welcoming Mennonite community,

we worship God, nurture each other

and extend God's love and peace to all.



Today we give thanks for the gift of a new banner which continues in following the various themes in our vision statement. Kathy Janzen, who graciously shares with W-KUM her gifts of colour and fabric artistry, writes the following as an explanation:

#### "... we nurture each other."

This banner celebrates the gift of nurture we receive as part of the family of God. In the centre, you may note the bread and wine symbolizing God's most precious gift of salvation. Our faith is nurtured as we gather around the communion table. The border patches remind us of the many meals we share together, whether in happy or sad times. Our life together is abundant in grace because of the fellowship and care we offer each other. Thanks be to God!