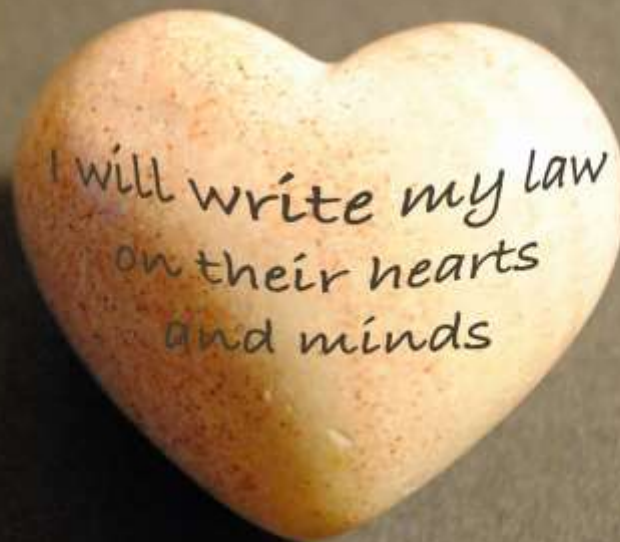


Sunday, March 18, 2018

Lent 5

God's New Covenant

Jeremiah 31:31-34



VOL. 31 NO. 11

WATERLOO-KITCHENER UNITED MENNONITE CHURCH

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Welcome to our worship service. May you be blessed as you meet God and be empowered for the week ahead.

Sunday, March 18, 2018 9:30 a.m.

Worship Leader: Vicki Dick

Speaker: Pastor Ben Cassels

Congregational Prayer: Pastor Ben Cassels

Accompanists: Karen Enns, Ed Janzen

Scripture Readers : Karl Dick

Choir: Laura Enns

Nursery Volunteer: Hertha Enns

Children's Story: Vicki Dick

Children are welcome in the worship service or younger children may be taken to the Nursery along the Administration Hallway following the Children's Story.

Worship Focus: *"I will put my instruction within them, and I will write it on their hearts; I will be their God and they will be my people" Jeremiah 31: 33*

GATHERING

Welcome / Work and Care of the Church

Call to Worship

Leader: Seekers of God, we are here and
God is here.

People: Open our eyes to see anew.

Silence

Leader: Lovers of God, we are here and God
is here.

**People: Open our hearts to be touched
anew.**

Silence

Leader: Followers of God, we are here and
God is here.

People: Open our minds to learn anew.

Silence

Leader: People of God, we are here and God is here.

People: Open ourselves to be filled anew.

Silence

(Adapted from Words for Worship 2, ed. Diane Zaerr Brenneman)

Prayer of Invocation



Hymns of Praise: *"New earth, heavens new"*

HWB # 299

"O God, who gives us life"

HWB # 483

Scripture I: Psalm 51: 1-17 (Old Testament)

page 404

Our Confession: *"Oh, Lord have mercy"* (repeat Vs. 1)

STJ # 47

Silence and Prayer

Words of Assurance

HEARING GOD'S WORD

Hymn: *"We are people of God's peace"*

HWB # 236

(Children come forward on the last verse)

Children's Time

Song of Blessing: *"I will bless you"*

B. M. Suderman

Congregational Prayer

Our Father in heaven,
hallowed be your name.
Your kingdom come,
your will be done,
on earth as in heaven.

Give us today our daily bread.

Forgive us our sins
as we forgive those who sin against us.

Save us from the time of trial
and deliver us from evil.

For the kingdom, the power, and the glory are yours
now and forever. Amen.



Offering

Anthem: *Herr füll mich neu* (God, fill me now)

STS # 63

Scripture Lesson II: Jeremiah 31: 31-34 (Old Testament)

page 570

Sermon: **Me and You and Covenant New**

RESPONDING TO THE STORY

Hymn of Response: *"My soul is filled with joy"*

STJ # 13

Benediction

Postlude

Welcome to our visitors! We hope our time of worship has been an encouragement to you. Please sign our guest book in the front foyer and join us for coffee and fellowship in the gym hallway. God bless you and we hope to see you again!

TODAY AT W-K

- 8:30 a.m. Choir Rehearsal
9:30 a.m. Worship
No Children or Youth Sunday School this week.
10:30 a.m. Coffee Break
10:45 a.m. Adult Sunday School with Laura Enns – Lounge
7:00 p.m. Youth Room Rental

Next Sunday – March 25, 2018 – Palm Sunday

- 8:30 a.m. *Choir Rehearsal*
9:30 a.m. *Worship Service* *Edmund Pries*
Lectionary *Psalm 118: 1-2, 19-29* *John 12: 12-16*
Readings: *Isaiah 50: 4-9a*
10:00 a.m. Sunday School for Children
10:30 a.m. Coffee Break
10:45 a.m. Adult Sunday School with Clarence Cachagee and Seth Ratzlaff - Lounge
7:00 p.m. Youth Room Rental

CHURCH FAMILY NOTES



Special Prayers During Lent: We hold in prayer all those in our city facing food insecurity and homelessness. We ask that God would meet their needs, move us with compassion, and call us to work for and embody more equitable systems where abundance is shared by all.

We pray for healing, justice, compassion, and shalom.

CONGREGATIONAL NOTES



**Office
Hours**

Church Office Hours

Tuesday 9:00 a.m. to 1:00 p.m.
Wednesday to Friday 9:00 a.m. to 3:00 p.m.

Financial Report: Thank you for your offering of March 11th

This Week at W-K

Tuesday, March 20	9:30 – 11:00 a.m.	Men's Bible Study - Lounge
	Noon	Silver Spoons
	1:00 p.m.	Knotty Knotters and Quilters
	6:00 p.m.	IMCC Rehearsal
	7:00 p.m.	Women's Bible Study – Rm 7
Wednesday, March 21	9:00 a.m. – Noon	Mission Circle
	2:30 p.m.	Ladies Bible Study – Lounge
	7:00 p.m.	Vision Team - Lounge
	7:30 p.m.	Jubilation Choir Rehearsal
Thursday, March 22	10:00 – 11:00 a.m.	WALC Exercise in the gym
	10:00 a.m.	Deacons - Lounge
	Noon – 2:00 p.m.	K-W Ministerial - Lounge
	7:00 p.m.	Worship Planning Team - Nursery
	7:30 p.m.	PiE Event - Lounge
Friday, March 23	10:00 a.m. – 1:00 p.m.	Men Can Cook - gym
	1:00 p.m.	House of Friendship - gym

Please Note: Pastor Ben Cassels will be away next weekend from Friday, March 23 to Sunday, March 25 inclusive. Should you require pastoral assistance during this time, please call Karen Watson.



Waterloo Mennonite Homes Annual Meeting will be held at W-K United Mennonite Church on Sunday April 8, 2018 at 7:00 pm followed by a congregational meeting. Please plan to attend and discover what has transpired and what is in store for the future.

Knotty Knotters and Quilters will meet in the basement on Tuesday, March 20th beginning at 1:00 p.m.



The next Church Supper will be held on Thursday, April 5th at 6:00 p.m. The menu includes chicken pot pie, carrot salad and carrot cake. The guest speaker will be Christine Mitchell, leader of the Thursday morning WALC exercise program held at W-K. Please sign up on the lobby window - \$5.00 cost. Kids and newcomers eat free. Bring a friend!



The Women's Lenten Bible Study is titled *Praying with Scripture* and will be led by Helen Baergen and Gloria Dirks. It is being held Wednesday afternoons until March 28th beginning at 2:30 p.m. in the Lounge. All ladies are welcome to attend.

The Men's Lenten Bible Study is based on the book *We Make the Road by Walking*, written by Brian McLaren. Sessions are held on Tuesday mornings until March 27th from 9:30 – 11:00 a.m. in the Church Lounge. Karl Dick will lead the discussion on March 20th which will focus on Chapters 32 and 32A. Please read those chapters for next week. All men are welcome to attend.

Easter Choir: If you are interested in joining the choir for Easter Sunday, your participation would be greatly appreciated. Rehearsals are Sunday mornings at 8:30 a.m. in the basement.



Email frustrations: We are aware that some of you have not been receiving email from the church office. We have recently switched to a different provider, and have done some work here at church to solve the issue, however, some problems continue to exist. If you are not receiving emails, eg. Bulletin, funeral announcements, etc. please let Katharine know. The emails from you are received by church staff, but they do not seem to go out. We are continuing to work on the problem.

Everyone is invited to bring your favourite Paska bread to enjoy following worship on Easter Sunday. Please bring your bread to the kitchen when you arrive at church so it can be set out in preparation for the fellowship and coffee hour.

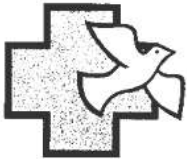




Looking ahead to Holy Week

The Good Friday service will be a contemplative service of scripture and music featuring a combined choir from Erb Street, W-K and Waterloo North Churches. The service will be held at Waterloo North beginning at 10:00 a.m. All are welcome to attend. On Easter morning we gather at W-K at 9:30 a.m. to joyfully proclaim the Risen Lord with prayer, praise and Communion. Following the service we will gather in the gym for fellowship and a feast of paska.

HEALTH AND WELLNESS



Healthy Reflections – Body, Mind and Spirit

Prayer as a Spiritual Discipline:

God makes covenants of love with his people... Jesus came to set captives free and bind up the broken-hearted. We can receive these promises – God is faithful. God awaits our prayers for healing and wholeness.

Prayer of Receiving and Healing: Sit quietly in a comfortable chair and position, back supported, feet comfortably touching the floor for support, legs uncrossed. Place your hands gently and comfortably in your lap – hands open and palms up, in a position of receiving. Breathe normally, softly... noticing the breath moving in and out of the body. Closing your eyes... pray quietly, out loud if you wish – “Come Lord Jesus”.... or “Come Holy Spirit...” continuing to breathe quietly, repeating your invitation to Christ or the Holy Spirit as you wish. You may feel the desire to breathe more deeply..... breathe in slowly and fully, letting the breath go out completely on the exhalation. Breathe in, breathe out – invite the Spirit.... repeat, sitting quietly in silence, as long as you wish or are able - allow God to minister to you in the Spirit. Breathe in – breathe out – letting go of regrets, hurts, concerns or worries on each exhalation. When you are ready – slowly open your eyes..... give thanks and praise to God... “Oh, God Most High, you are good your steadfast love endures forever... AMEN...”

Slowly move hands and feet and when you are ready, return to your day.



Health and Wellness Program:

- March 22nd from 2:00 – 3:00 p.m. at Waterloo Mennonite Homes – Music Therapy with Jasmine Lo. What is it? How is it used? Who can benefit? **If you are not a tenant at WMH and want to attend this session, please contact Karen Watson 519-578-0660 Ext 2**
- **Palm Sunday – Prayer and Anointing** in the sanctuary after worship with Karen Watson

WIDER CHURCH AND COMMUNITY



St. John's Lutheran Church is hosting a series of noon-hour organ recitals on Fridays during Lent. The recitals begin at 12:15 p.m. with a soup luncheon to follow. Suggested donation is \$7.00 per person. All are welcome to attend. See the poster on Bulletin Board # 4 for more information.

The Wayne Gilpin Singers present *Peace Like a River: Songs of Faith and Inspiration* on Saturday, March 24th beginning at 8:00 p.m. at St. John the Evangelist Church, 23 Water Street North in Kitchener. See the poster on Bulletin Board # 4 for more information.

Singing with our Neighbours: Building Peace through Word and Song

Inshallah invites you to join them for their annual winter celebration of singing with local groups of various cultures and faiths. The concert will take place on Sunday, March 25 beginning at 3:00 p.m. at Knox Presbyterian Church, 50 Erb Street West in Waterloo. A free-will offering will be taken. See the poster on Bulletin Board # 4.

Music, song, scripture and silence are the foundations of Taizé

ecumenical worship. St. Agatha Christian Communities will host a Taizé service on Sunday, March 25th beginning at 7:30 p.m. at St. Agatha Catholic Church, 1839 Notre Dame Drive, St. Agatha. All are welcome to attend.

The Inter-Mennonite Children's Choir invites parents and children to an open rehearsal to get a glimpse of the inner workings of the choir. The open rehearsal will take place on Tuesday April 3, 2018 here at W-KUM Church. Children ages 6-9 are welcome from 6:30 – 7:00 p.m. and children ages 10-14 are welcome from 7:30 – 8:00 p.m. For more information:

imcc.conductor@rogers.com

An evening of music and stories of hope: Generation Rising presents Christian touring band Double Portion featuring the testimony of Pastor Jose from Honduras - who will share how he continues to boldly proclaim God while surviving terrible gang violence. Admission is by freewill offering. All funds raised will help children in Honduras receive quality Christian education. Sunday, April 8th at 7:00 p.m. at Rockway Mennonite Church in Kitchener.

HOLD THE DATE! Menno Youth Singers annual Coffee House and Spring Concert, Friday, April 27th, 7 p.m., at Waterloo North Mennonite Church. More info to come.

WMCEC Spring Enrichment Day will be held April 20 – 21, 2018 at North Leamington United Mennonite Church. The theme is *Living Creatively* with guest speaker April Yamasaki. Posters and registration forms are posted on Bulletin Board # 4.



New Hamburg

Mennonite
Relief Sale

The New Hamburg Mennonite Relief Sale

Promotion Dinner will be held at Bingeman's Marshall Hall on Monday, April 24th at 6:30 p.m.

Tickets are now available. Guest speaker will be Sarah Martin Mills sharing "The Story of Growing Hope". Ticket price is \$10. Tax receipts will be issued for contributions above the ticket price. Please contact Henry Epp or visit www.nhrs.com for tickets. Katharine also has a limited number of tickets in the office.

The 43rd annual Waterloo Region Interfaith Community Breakfast



will take place on Wednesday, April 25th beginning at 7:00 a.m. in the Ballroom at Bingeman's Conference Centre. Guest speaker will be Hind Al-Abadleh, professor of chemistry at Wilfrid Laurier University. Tickets are \$25 each. See

the poster on Bulletin Board # 4.

MCEC Annual Church Gathering 2018 will be held on April 27-28th at Redeemer University College in Ancaster, Ontario. The theme for this year's gathering is *Connected: Striving side by side with one mind*. If you would like to attend as a delegate, please speak with Ed Janzen. Registration is now open on the MCEC website.



SILVER LAKE
MENNONITE CAMP

Paddle the Grand Annual Fundraiser for Silver Lake Mennonite Camp. Join us **Saturday, May 12th** at 3:00 p.m. for an easy

and fun 1.5 hour excursion down the Grand River from Inverhaugh to the Covered Bridge at West Montrose. BBQ to follow in West Montrose. Participants are encouraged to raise \$500 per canoe and Silver Lake provides all necessary equipment (canoe, paddles and lifejackets). For more information visit www.slmc.ca or call 519-422-1401



Volunteering at Silver Lake Mennonite Camp, Sauble Beach. Each week of the summer, Silver Lake uses volunteers to help staff with preparing meals and/or keeping the property and facilities in top notch condition. Lots of great things are happening at Silver Lake so please consider experiencing the magic of camp first-hand this summer as a volunteer. Call 519-422-1401 for more information or visit <http://slmc.ca/camp/volunteers/> to register.

Student Summer Employment Opportunity

The Mennonite Story in St. Jacobs is partnering with Woolwich Township to offer a summer employment opportunity for post-secondary students. The position is called "Culture Coordinator" for Woolwich Township, and will involve work with visitor services, tourism and social media. Time will be split between the Township Offices in Elmira and The Mennonite Story in St. Jacobs. For more information or to apply, contact Raj Sian (Township of Woolwich) at rsian@woolwich.ca. Applications deadline is April 12, 2018.



Would \$6,800 when you or a loved one die be enough for an average funeral? **The Mennonite Burial Society** (formerly the Vineland Burial Society) provides this amount presently (adjusted for inflation annually), for its members.

It's a mutual aid arrangement, where we basically “pass the hat” to cover the costs for any of the 8,900 members. Commercial life insurance costs roughly the same, but here we are practising Christian charity in a way that Mennonites of many different communities have followed for generations. Would you like to join?

Rates are \$30 annually for 0 to 14, to \$112 for 15 to 45, to \$126 for 46-65, and \$148 for 66 and over. The payout is reduced on a sliding scale, for members who joined after the age of 30. A membership drive is now on, where there's a 50% discount, up to a value of \$100, for the first year's levy owed by new members who are not spouses or children of existing members. Members who refer a new member are eligible for the incentive as well (although there may be a charity where the \$100 would be appreciated). See Karl Dick for further information.

There is more information on the Bulletin Board along the gym hallway.

Loved by God and empowered by the Holy Spirit, we follow Jesus Christ.
As a welcoming Mennonite community,
we worship God, nurture each other
and extend God's love and peace to all.